



# Enrichment



# ASPIRATIONAL & ENRICHING

**Our aspirational enrichment programme is a critical cornerstone of life at Allerton Grange as we believe that education and growth isn't just limited to classrooms.**

All students are expected to participate in our extra-curricular and enrichment programme in order to widen experiences, develop their talents and grow as individuals. This is especially important for Sixth Form students as you are preparing for your next steps to university, an apprenticeship or the workplace.

You will have lots of opportunities during your time in Sixth Form to develop your skills through extra-curricular clubs, taking on leadership roles within school, attending enrichment sessions and going on trips.

As a sixth former at Allerton Grange, you are encouraged to make the most of all the opportunities available to you, to help you grow and develop into a leader of the future.

Our Enrichment Programme provides you with a wide range of opportunities to develop a rich knowledge and strong literary skills. These help you to widen your horizons and grow as a person; often these enrichment opportunities make you stand out from the crowd when applying for university or apprenticeships.

Sixth Form students choose from a range of enrichment activities and build their own personalised programme. Activities run for a minimum of one half term up to a whole school year.



## **Enrichment sessions we offer include:**

### **Discussion groups**

These are an excellent opportunity to widen your knowledge of the world we live in and to develop your views through discussion with staff and other sixth form students. Topics range widely and often reflect topical issues and the society we live in.

#### **Understanding the Human World**

Social Life can be so confusing. Over centuries, humans have created ever more complex and bewildering societies from the origins of simple hunter gatherers, many of us now live in complex post-industrial societies. Understanding the Human World, is an opportunity to look critically at the economic, social and political world that humans have created, and ask questions of its purpose and benefits.

Join Mr Dutton-Taylor's enrichment sessions to find out more!

#### **How Politics can affect change**

"From Listening to Dave to Affecting Change"

Do the things Dave sings about on Question Time bother you? Do you think they can change? Do you know how you might change them?

Come to Mr Tiffin's enrichment sessions to understand how politics affects change.

#### **Ted Talks**

Students watch Ted talks on a wide range of issues, are given the chance to discuss their views in relation to the topics and develop their understanding of current affairs. Examples of what this could include are political, social and environmental issues that are relevant to us today.

### **Book Clubs**

Reading widely is encouraged in our sixth form. Book clubs give you the opportunity to enjoy modern fiction and discuss the ideas contained within the texts with staff and other students. The book choices are varied, and reflect issues of the modern world.

#### **The Kite Runner**

It tells the story of Amir, a young boy from the Wazir Akbar Khan district of Kabul, whose closest friend is Hassan. The story is set against a backdrop of tumultuous events, from the fall of Afghanistan's monarchy through the Soviet military intervention, the exodus of refugees to Pakistan and the United States, and the rise of the Taliban regime.

#### **Veronika Decides to Die**

Veronika is a young woman from Ljubljana, Slovenia, who appears to have a perfect life, but nevertheless decides to commit suicide by overdosing with sleeping pills. Her plan fails and she wakes up from the coma in Villetta, a mental hospital in Slovenia, where she is told she has only a few days to live due to heart condition caused by the overdose... but does she?

## Seminar Studies Book Club

This is the opportunity for you to delve into a wide range of different areas to support your studies, help you to identify an area that you may want complete an Extended Project Qualification on later during your time in the Sixth Form or that you may want to study at university.

We have over 30 different books covering all A level subject areas & examples include: Ethics, Free Will, Infinity, Machiavelli, Modern Drama, Colonial Empire, Genes, Organic Chemistry, The Elements & Viruses (very topical!)

Ms Young will be taking this session & is particularly keen to look at some science related topics!

## Learning new things

Some of our enrichment gives you the opportunity to learn about things that interest you but you've never had the opportunity to study them before. Why not learn new skills or find out more about something you've always been interested in.

### Early Islamic History

Learn about Modern Historiography (traditional and revisionist) of the History of Early Islam including:

- The death of the Prophet.
- The Rightly Guided Caliphs.
- The Islamic Conquests.
- The Umayyad Caliphate.
- The First and Second Civil Wars (Fitna).
- The Abbasid Revolution.
- The Golden Age of Islam.
- The development of rival caliphates.
- The disintegration of the caliphate.

Join Mr Alnassiri's enrichment lectures to find out more!

### German

This enrichment activity is aimed at students who have never studied German before but who would like to learn. Learning other languages is something us Brits are not known for being good at so this is a great opportunity to pick up a new language, something that is ever more important, especially in a post-Brexit world.

This would be ideal for those who are thinking about studying a language at University, but actually a lot of Universities offer the opportunity to pick up a language from scratch as a separate module within your degree course. A language can be useful in so many lines of work and it is highly regarded as a good skill to have. Not only that, but learning a new language is fun! We will focus largely on listening to and speaking the language as this is the best way to learn.



## Making a difference

Some of the options we offer make a real difference to people we know and the community we live in. Select one of these options and you can help to change lives.

### British Sign Language (BSL)

Why not develop a new language and develop your communication skills? BSL is one of the enrichment options we offer.

There are a number of students who use BSL to communicate in our school and learning this language helps to make our school truly inclusive. Signing can be useful in any career in the future. You never know when you might need to communicate with someone with a hearing impairment.

### Heartstart

Heartstart is our initiative to teach emergency life-saving skills. By attending this course you are helping to create a nation of life savers - where everyone knows how to save a life.

Around 80% of out-of-hospital cardiac arrests happen in the home, often surrounded by families and loved ones, so it's important that someone knows what to do. The course includes CPR, identifying heart attacks and strokes, dealing with serious bleeding and unconscious casualties. It is also a great addition for your CV.



### Social Change / Charity Work

In February 2020, the Sixth Form partnered with the Leeds North and West foodbank to run a collection point at AGS. This meant students (and staff) collected food items to support some of the most vulnerable in our city. This was very timely as National Lockdown came in March 2020.

Sixth formers launched the project to the rest of the school and managed the day to day running of the collection point.

This sort of project not only makes a real difference to your community, but it also gives you the chance to learn project management skills and develop your CV for the future.

## Creative options

Some members of our Sixth Form prefer a more creative outlet and enjoy a range of enrichment activities that allow their skills to develop.

### Sixth Form Magazine

This is a collaborative opportunity to research, write, edit and publish a magazine to reflect life as a sixth former at Allerton Grange. You can learn lots of valuable skills from this enrichment opportunity, from teamwork, to using organisational timelines and even the budgeting of taking something to press.

### Drama

Our drama department is a constant hive of activity with plenty of opportunities for students to take part in productions, whether that is by performing on stage, learning how to be a technician responsible for lighting and sound, or even supporting backstage with costuming and make-up. Students are also able to write pieces for performance and get involved with directing. There are countless opportunities to go and watch drama locally and nationally. Recent theatre trips have included 'The Wizard of Oz' at Leeds Playhouse and 'Ubu' by Kneehigh Theatre Company.

### Music

Our vibrant music department is always a busy place to be, with no fewer than 6 major concerts and musicals each year. It is no surprise that we have been awarded the prestigious Leeds Music Education Partnership Music Champion school status.

There are a variety of bands and choirs rehearsing and performing regularly, including Rock Band, Steel Band, Samba Band, String Group, Wind Band, Brass Band and Pop Choir. Students frequently form their own bands. The annual Battle of the Bands is much-anticipated; students frequently perform their own compositions and competition is fierce. The finalists get to record their tracks in a professional recording studio, which creates a real buzz around school.

Our musicians perform regularly in the community both locally and internationally. Each July, our musicians tour somewhere in Europe; last year they serenaded Lake Garda. During 2020, COVID-19 didn't stop the Music Team from putting on performances and virtual concerts.



## Looking towards the future

As a Sixth Form, it is particularly important to prepare for the future. We will support you to find out more about different pathways and opportunities in your areas of interest. We also offer additional modules and qualifications that are worth additional UCAS points by developing skills that you will need at university.



### **Aim High**

We believe in supporting all of our students to fulfil their ambitions and progress to the university course they aspire to. If you are considering applying to the most selective universities in the UK and/or to competitive courses such as medicine, veterinary science and dentistry, our Aim High programme is here to support you. In particular, we support those of you who may be the first in your family to go to university.

### **Progression Module**

The Progression Module is delivered in conjunction with Leeds Beckett University. Upon successful completion, students are awarded 12 UCAS points that are accepted at Leeds Beckett University, Leeds Trinity University and the University of Huddersfield.

You will be guided through how to compose a CV, how best to research different university and college courses and how to effectively budget at university. You will also undertake a mock interview and will be assessed on the delivery of a presentation.

### **Extended Project Qualification**

We offer the Extended Project Qualification (EPQ), a largely independent piece of work that helps you to develop essential skills, such as research and self-discipline, which are essential for undergraduate study. The choice of topic is entirely yours.



## Leadership opportunities

There are many opportunities for you to develop leadership skills alongside your studies:

### Reading Mentor

Receive professional training in how to diagnose reading problems in Year 7 students and learn how to put together a support programme that will improve their reading in just 10 weeks! You will learn how to provide 1 to 1 support for a struggling reader and how to assess their improvements.

We ask for a commitment of 2 ten week blocks, where you will see your Year 7 reading buddy for 15 minutes 3 times a week. You could make a real difference to their lives; the better their reading, the better they will do when they reach their GCSEs.

### Student Leadership Group

Developing skills outside of the classroom is an important part of your time at Sixth Form. Gaining leadership experience and growing as an individual helps you to build your CV and take steps towards your career goals. The Sixth Form Leadership Group is an ideal opportunity for you to have your voice heard, contribute to decisions within school alongside the Student Council and work on a range of transferable skills. Roles include Head Student, House Captain, Academic Officer, Administrator, Community and Enrichment Officer, Events Officer, Media and Marketing Officer, Resources Officer. Students apply for roles during the summer term of Year 12, to begin in September of Year 13



## Sport

Sport is an important part of life at Allerton Grange and that doesn't change in Sixth Form; our fantastic facilities mean that we can compete at the highest levels as well as offering recreational clubs and the use of our superb fitness suite to all students. Sixth Formers have the opportunity to follow the Sports Leaders Level 3 course.

**Sports Leaders Level 3** is a nationally recognised qualification that enables you to independently lead purposeful and enjoyable sport/physical activity.

Young people undertaking a qualification in Sports Leadership will learn and demonstrate important life skills such as effective communication and organisation whilst learning to lead basic physical activities to younger people, their peers, older generations and within the community. SL3 is worth 16 UCAS points.

## University Links

The vast majority of Allerton Grange students go on to university, and we have exceptionally strong links with a number of universities including the University of Leeds, University of Bradford, Leeds Beckett University, Leeds Trinity University and Selwyn College Cambridge.

We regularly have university admissions tutors visiting school, offering advice on UCAS applications. We also organise numerous visits to universities throughout the year. This includes lectures and taster events for our students, giving an insight into university life before you start.

We also have a specialist programme (Aim High) supporting you if you are applying to Oxbridge and Russell Group universities.

## Enrichment Trips

We support you to have new experiences, visit new places, learn about history and culture, grow in confidence and make new friends during Year 12 and Year 13.

Recent trips have included:

- Year 12 Residential to Kingswood, North Wales
- Year 12 & Year 13 Paris Trip
- University visits including to the University of Leeds, Leeds Beckett University, Leeds Trinity University and Selwyn College, Cambridge
- Music trips including the annual Music Tour to Europe, visits to Leeds College of Music and Leeds Beckett University Music department, plus attending performances
- Theatre trips eg to Leeds Playhouse
- Fieldtrips depending on your course of study eg Liverpool for A Level Geography and London for A Level Social Sciences.

## Guest Speakers

Guest speakers are regularly invited into school to speak to Sixth Form students on a variety of topics and inspire them to achieve their career goals.

Examples of speaker events and workshops from the 2019-20 academic year include:

- Lecture on Greek Theatre from Professor George Rodosthenous, University of Leeds
- Reach for Excellence programme with University of Leeds
- Careers in Law and CV building workshop hosted by DAC Beechcroft
- Working for the HR Treasury workshop
- Marine Biology Careers, University of Hull
- Careers in sustainability talk by Claire Bastin
- Creative industries careers panel hosted by Ahead Partnership
- RAF careers talk
- Unifrog workshop
- Project Trust volunteering talk
- Student finance talk, Leeds Trinity University
- Careers in a multinational company talk from BT
- Work place resilience talk from Tony Mallet
- How to apply for an apprenticeship talk from the National Apprenticeship Service
- 1-2-1 Personal statements workshop and guidance
- Social Science careers event
- Talk from Fabian Hamilton MP

For 2020, we are continuing to offer virtual workshops and events to our student including a Virtual Careers Workshop from KPMG and online events with the Ahead Partnership.



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