

GLOBAL ADVENTURE WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	MEDITERRANEAN Chicken Shawarma Flatbread 93162898 Paprika Potato Wedges (no oil) 93130895 House Slaw 93129626	CHINESE Five Spiced Beef 93159931 Beggars Noodles 93131282 Peas 93065563	BRITISH Roast Pork with Stuffing and Apple Sauce 93098927 Roast Potatoes (oil) 93162617 Seasonal Cabbage 93143359 Carrots 93065561 Gravy 93034775	INDIAN Chicken Tikka Masala 93128001 Rice 93135592 Cucumber Raita 93142255	BRITISH Home-made Battered Fish Fillet 93105116 Chips (oil) 93124814 Baked Beans 93162619 Peas 93065563
BREAD	Bloomer	Garlic Bread* (no oil) 93154277	Floured Loaf	Naan	Wholemeal Loaf
HIGH STREET FAVES	DEEP SOUTH DINER BBQ Pulled Beef Brisket 93162912	WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941	DEEP SOUTH DINER Beef Burger 93129200	WINGS & THINGS Texas BBQ Chicken 93131191	HALAL 1/4 lb Burger served in a 5" bun
	Feta and Potato Frittata 93162900	Mac 'N' Cheese 93127228	Sweet Potato & Squash Casserole 93101314	Boston Bean Pot 93130977	Veg & Bean Quesadilla 93086623
	New Orleans Red Bean Rice * 93159957	Chop Chop Salad 93153242	Chipotle Potato Wedges (no oil) 93163112	Layered Potato Bake 93162904	Sweetcorn 93094208
	Southern Greens 93154278		Corn on the Cob 93130897	House Slaw 93129626	
SPEEDY ITALIAN	Veggie Supreme Pizza (v) 93135569 Margherita Pizza (v) 93041388	Hawaiian Pizza 93128494 Margherita Pizza (v) 93041388	HALAL Cajun Chicken Sizzler Pizza 93128496 Margherita Pizza (v) 93041388	Bacon Pizza 93041401 Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388
	Veg Bolognese Pasta (v) 93102889 HALAL Italian Chicken Pasta	Arrabiata Pasta (v) 93147953 HALAL Beef Lasagne	Chunky Vegetable Pasta 93137661 Carbonara	Herby Tomato Pasta (v) 93147954 HALAL Beef Bolognaise 93102799	Arrabiata Pasta (v) 93147953
PUDDING	Chocolate Sponge Cake 93163115 Custard 93065568	Pear Upside-down Cake Served with custard 93162940	Apple & Blackberry Pie Served with Custard 93042773	Watermelon Slice 93137660	Peaches with Yoghurt & Granola 93122002

GLOBAL ADVENTURE WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p>BRITISH Cheese, Tomato and Potato Bake 93153184</p> <p>Carrots 93065561 and Peas 93065563</p>	<p>CHINESE Lemon and Ginger Chicken 93162901</p> <p>Wholegrain Rice * 93109633</p> <p>Wok Tossed Oriental Vegetables 93130848</p>	<p>MEDITERRANEAN Spanish Beef Hash 93162892</p> <p>Garlic and Herb Bread* (no oil) 93154277</p> <p>Lemon and Garlic Broccoli 93162905</p>	<p>JAPANESE Teriyaki Chicken thigh 93128109</p> <p>Japanese Noodles 93163113</p> <p>Pickled Cucumber Salad 93128253</p>	<p>BRITISH Home-made Battered Fish Fillet 93105116</p> <p>Chips (oil) 93124814</p> <p>Baked Beans 93162619 OR Peas 93065563</p>
BREAD	Poppy Loaf	Garlic and Herb Bread* (no oil) 93154277	Bloomer	Seeded Loaf	Crown Loaf
HIGH STREET FAVES	<p>DEEP SOUTH DINER Chipotle BBQ Pork 93080520</p>	<p>WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941</p>	<p>Creamy Fish Pasta Bake *** 93162896 (oily fish)</p>	<p>WINGS & THINGS Marinated Chicken Wrap 93131218</p>	<p>HALAL 1/4 ib Burger served in a 5" bun</p>
	Quorn Sausage Pattie & Cheese Bun 93133732	Smoky Cauliflower Cheese 93156770	Louisiana Bean Pot 93159955	Mac 'N' Cheese 93127228	Corn, Black Eye Bean and Feta Soft Taco 93162914
	Paprika Potato Wedges (no oil) 93157066	BBQ Beans 93129227	Fajita Potato Wedges (no oil) 93163193	Cajun Potato Wedges (no oil) 93157065	Mississippi Rice * 93101311
	Red Slaw 93130896		Sweetcorn 93094208	Apple Slaw 93129265	Crunchy Salad 93142224
SPEEDY ITALIAN	<p>Veggie Hot One Pizza (v) 93128498</p> <p>Margherita Pizza (v) 93041388</p>	<p>HALAL Cajun Chicken Sizzler Pizza 93128496</p> <p>Margherita Pizza (v) 93041388</p>	<p>Veggie Supreme Pizza (v) 93135569</p> <p>Margherita Pizza (v) 93041388</p>	<p>Bacon Pizza 93041401</p> <p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>
	<p>Arrabiata Pasta (v) 93147953</p> <p>HALAL Chicken Meat Ball</p>	<p>Herby Tomato Pasta (v) 93147954</p> <p>HALAL Italian Chicken Pasta 93147955</p>	<p>Chunky Vegetable Pasta 93137661</p> <p>HALAL BBQ Chicken Pasta* 93147137</p>	<p>Arrabiata Pasta (v) 93147953</p> <p>HALAL Beef Bolognese 93102799</p>	<p>Herby Tomato Pasta (v) 93147954</p>
PUDDING	Apple Cracknell served with Custard 93098928	Tuti Frutti Mousse Crunch 93147414	Gingerbread Cake 93042881	Strawberry & Peach Strudel With Custard 93147356	Fruit Salad

GLOBAL ADVENTURE WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p>THAI Thai Yellow Vegetable Curry 93130657</p> <p>Wholegrain Rice * 93109633</p> <p>Lightly Spiced Sweetcorn with Lime 93143075</p>	<p>MEDITERANNEAN Chicken Gyros 93162890</p> <p>Crunchy Salad 93142224</p>	<p>MEXICAN Chipotle Beef Chilli 93162848</p> <p>Creamed Potatoes 93095567</p> <p>Roasted Vegetables 93042664</p>	<p>CARIBBEAN Trinidad Chicken Rice 93162846</p> <p>Orange and Cumin Roasted Carrots 93162909</p>	<p>BRITISH Home-made Battered Fish Fillet 93105116</p> <p>Chips (oil) 93124814</p> <p>Baked Beans 93162619</p> <p>OR</p> <p>Peas 93065563</p>
BREAD	Floured oaf	Bloomer	Garlic and Herb Bread* (no oil) 93154277	Seeded Loaf	Bloomer
HIGH STREET FAVES	<p>DEEP SOUTH DINER Cheese Burger 93156800</p>	<p>WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941</p>	<p>DEEP SOUTH DINER BBQ Chicken Mac N Cheese 93162906</p>	<p>WINGS & THINGS Cajun Pulled Pork & Bean Pitta 93147141</p>	<p>HALAL 1/4 ib Burger served in a 5" bun</p>
	Butternut Squash Feta Bake 93159973	Vegetable Chilli 93127708	Cajun Vegetable Burrito 93148008	Cauliflower and Creamed Corn Bake 93130867	Feta and Chickpea Cake with Salsa 93086621
	Chipotle Potato Wedges (no oil) 93163112	Golden Rice & Beans 93162916	Baked Garlic & Herb Potato Wedges (no oil) 93157067	Paprika Potato Wedges (no oil) 93157066	Mexican Yellow Rice * 93156761
	Chop Chop Salad 93153242	Southern Greens 93154278	Crunchy Raw Slaw 93162913	BBQ Beans 93129227	Tomato, Red Onion and Lentil Salad 93162917
SPEEDY ITALIAN	<p>Veggie Hot One Pizza (v) 93128498</p> <p>Margherita Pizza (v) 93041388</p>	<p>HALAL BBQ Chicken Pizza</p> <p>Margherita Pizza (v) 93041388</p>	<p>Mushroom & Sweetcorn Pizza (v) 93147170</p> <p>Margherita Pizza (v) 93041388</p>	<p>HALAL Cajun Chicken Sizzler Pizza 93128496</p> <p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>
	<p>Cheesy Penne Pasta (v) 93143814</p> <p>Arrabiata Pasta 93147953</p>	<p>Veggie Bolognaise</p> <p>HALAL BBQ Chicken Pasta</p>	<p>Herby Tomato Pasta (v) 93147954</p> <p>HALAL Italian Chicken Pasta</p>	<p>Arrabiata Pasta 93147953</p> <p>Carbonara Pasta 93137662</p>	<p>Chunky Vegetable Pasta 93137661</p>
PUDDING	Summer Fruit Slice 93162942	Chocolate Sponge Cake with Custard 93163115	Banana Cocoa Crumble with Custard 93159958	Courgette, Apple and Cinnamon Muffin 93133733	Berry & Jelly Chill 93147366