# Courses, colleges and Services for those age 16-18 who are Not in Education, Employment or Training



Allerton Grange School



Allerton Grange School takes part each year in The Moving on Project.

The project brings together the different colleges, provisions, services, charities and support for young people who have left school and who are not in Education Employment or Training.

Some of the services/provisions deal directly with parents/carers or students, whereas some require a referral from school. If you would like to discuss the options available to your child if they are not in Education, Employment or Training, please contact Mrs Mills (Careers Lead) at <a href="mailto:louisemills@allertongrange.com">louisemills@allertongrange.com</a> or phone the school (0113 393 0304)





## This Year's Providers:

- Leeds City College (Mabgate Campus)
- Nxt Steps, Barca Leeds
- Leeds City Council Employment and Skills Service
- Street League

- NACRO
- West Yorkshire Learning Providers
- YMCA
- Prince's Trust
- Leeds Pathways
- Leeds College of Building





## Leeds City College - Mabgate Campus

## **Events, Enterprise and Employability** @ Somerville House

School of Events, Enterprise & Employability





#### School of Events, Enterprise and Employability Somerville House Campus

#### **Level 1 Courses**

- Personal & Social Development
- PSD plus Vocational pathway
- Creative Craft

#### **Level 2 Courses**

- Enterprise & Employability
- E&E plus Vocational pathway
- Creative Craft







#### **In Year Starts Offer**

November and January start dates for the below courses:

- Level 1 Personal, Social Development
- Level 2 Employability and Enterprise

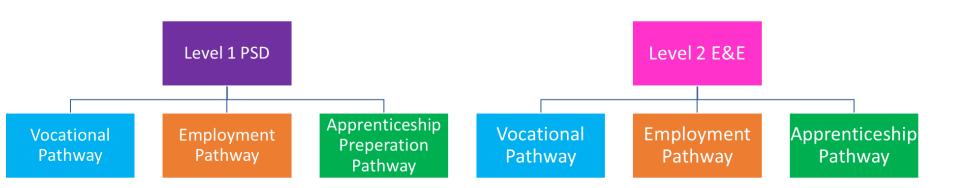








#### **Course Content - progression routes**





Level 1 - Creative Craft Level 2 - Creative Craft



#### Level 1 in Creative Craft

Within this is course, students to explore, develop, create and present their own craft idea.

#### Students will:

- Develop a knowledge of materials, tools and techniques within the craft and upcycling sector.
- Gain practical skills through using materials, tools and equipment available.
- Explore their own craft ideas through research, visit, discussions and feedback.
- Design and produce a final craft idea.
- Participate in live briefs/projects throughout the course.

#### Level 2 in Creative Craft

Within this is course, students to explore, develop, create and present their own craft ideas.

#### Students will:

- Develop a knowledge of materials, tools and techniques within the craft and upcycling sector and be able to identify the advantages/disadvantages of their choices.
- Gain practical skills through using materials, tools and equipment available.
- Investigate creative enterprises and explore possible employment opportunities within the craft sector.
- Develop their own craft ideas through research, visit, discussions and feedback.
- Design and produce a final piece of work.
- Participate in live briefs/projects throughout the course.
- Assess and evaluate their work process.



## How does the provision support learners? SEND / EHCP / SEMH Needs

- Focus on Personal & Skills Development
- Project based delivery learn by doing
- Opportunities to take part in work tasters & experience
- Dedicated & trained staff in place to support individuals
- Focus on preparing for progression
- CV & Skills building
- Focus on English & Maths
- Supportive environment
- Strong bespoke Pastoral Support
- Mental Health Support
- Resilience
- Transition Support
- Full Enrichment Programme

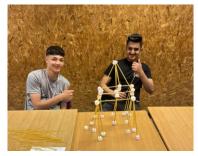




#### Re Engagement Programme Somerville House Campus

Start Dates: (8 - 12 week programme)

- 8 12 week programme (8 12 hours per week across 2/3 days)
- An opportunity to develop a range of new skills.
- The programme includes a range of subject taster sessions; science, art & design, motor vehicle, public services, business and enterprise, sport and joinery.
- A variety of fun and challenging enrichment activities.
- Work experience and taster sessions.
- Discover course and apprenticeship options available at Leeds City College.
- Progression routes to Entry Level 3 and Level 1 / 2 courses.
- A meal card and free bus pass will be available to those who qualify for the LSF.
- To be delivered from our small and friendly Courtyard at the Mabgate Campus.
- Individual support for each young person including; SEND, EHCP and high needs.











## Nxt Steps - Barca Leeds



Support for 16 to 17 year olds to develop life skills, work readiness, involvement in social activity and move towards education, employment and training











## Who are NCS?



NCS is where young people can find their strengths and become world-and work-ready. Their mission is to inspire generations of citizens through shared experiences that develop character and bridge social divides.

NCS provide a range of experiences to help 16-17 year olds develop their skills. This includes away from home experiences, local community experiences, online experiences and other online resources. They fund projects across the country (like the Nxt Steps project) helping young people and even offer paid work placements.

## Who are Barca Leeds?

Barca-Leeds is a community based charity. We are an organisation that delivers transformational projects for adults, children, young people and families in Leeds, connecting them with services that respond to the needs of each individual.



We work to reduce social isolation and support people in developing their own initiatives. We support people struggling with housing issues, finances, physical and mental health problems. Our services are also geared towards children, young people and adults affected by domestic abuse, drug and alcohol issues, as well as people struggling with employment or education.



Nxt Steps is a partnership programme led by Barca-Leeds with support from Leeds City Council and Leeds Youth Alliance. The programme helps 16 to 17 year olds (up to 25 for those with an EHCP or Care Experienced), who are at risk of or already Not in Education, Employment or Training (NEET) to develop life skills, work readiness, get involved in social activity, and move back towards education, employment and training



employability support



citywide



young people

## What does the Nxt Steps project offer?



10-week **group work** programme that focuses on:

- Budgeting
  - cooking
- Relationship Skills
- Housing and Tenancy Support



Individual **one-to-one support** with an
Engagement Worker



**Residential groups** that build skills around:

- Teamwork
- Leadership
- Independent Living
- Communication
- Self-management

## What do engagement workers do?

Our practitioners are skilled in engaging, inspiring and motivating young people to raise aspirations and take positive steps towards work. Through 1:1 support we work to develop skills, confidence, resilience and ways of managing their wellbeing to help progress towards EET. We do this by:

Empowering and motivating participants

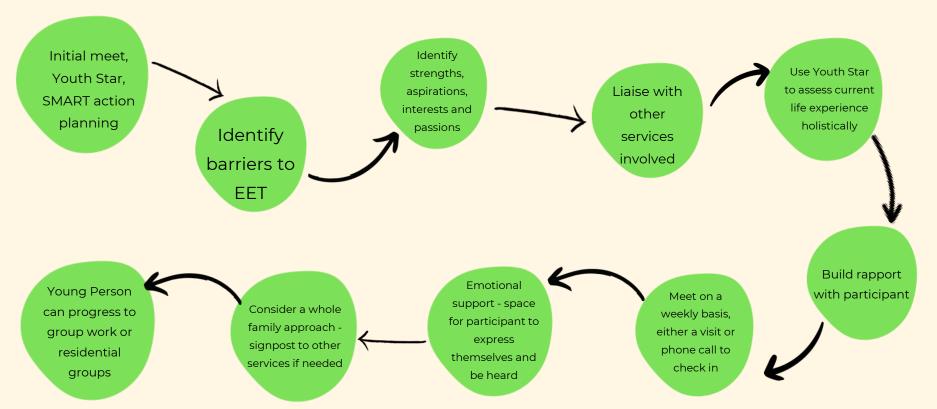
Using the Skills builder framework to develop listening, speaking, problem solving, creativity, staying positive, aiming high, leadership and teamwork.

ldentifying specialist support
e.g. around emotional
wellbeing, budgeting and
debt advice, housing or
drugs and alcohol

Providing support to job search, C.V. build and offer interview techniques



## What does our 1:1 offer look like?



## Examples of support offered



-Attending open day events-Offering 'a day in the life' at school or college



-Offering signposting support for participant and whole family.

-Making referrals



Attending jobs fairs



-Organising trips to donkey sanctuary

-Offering therapeutic weekly groups at donkey sanctuary



Accessing National Numeracy
'Getting on with Numbers'
sessions



Referrals to Nxt Steps 10week groups



Opening a bank account



Providing targeted support for E&MH. Making referrals and safety plans, speaking to D&A and Early Help Hubs



Referrals to community groups such as Kirkstall Forge, Street League, The Spear Programme etc



Helping to organise and attending medical appointments



Supporting with applications for jobs/college, benefits, grants etc



Referrals to counselling for young people and adults

Nxt Steps 10-week groups



#### PROGRAMMES FOR YOUNG PEOPLE

\*\*\*\*\*

AGED 16-17 YEARS OLD. **NOT IN EDUCATION OR WORK** 



Exciting groups, delivered by a range of

partners, that blend activity,

experiences and developing skills.

The LSIA Trust are delivering

#### **WEST LEEDS**



in Bramiley, Barca Leads are delivering a group to develop skills in conseniation. woodwork, construction, growing and conting.

For more light or to refer in contact: cognificacióbaca lestaca

#### SOUTH LEEDS



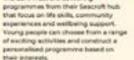
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For more info or to refer in contact: beliable teneral

These are the first record of a jet of programmes assistanted through the prior - exact the till state for details of further programmes when they are released.

#### EAST LEEDS

January 2024



For more info or to refer in contact: naomidis/strust.org

#### CITYWIDE



Leeds City Council will be delivering a programme of activity and 1% skills.

Fire stones indo or to radar in contact: YouthService/Iteeds.cov.uA

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#### NXT STEPS X BARCA GROUP

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16-17 YEARS OLD, NOT IN **EDUCATION OR TRAINING** AND INTERESTED IN DEVELOPING YOUR SKILLS?





8 week project starting Monday 22nd January

11-30AM TO 2:30PM

**HOLLYBUSH** TCV

LUNCH PROVIDED



Get involved in practical outdoor skills:

- Woodwork
- Conservation
- Outdoor cooking
- · Fire and shelter building
- Guided walks

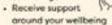
To book a place please contact. Amanda Sykes:

07884 548 729 amanda@barca-leeds.org As well as the practical skills you will also have the opportunity to:

- · Meet new friends
- Develop your CV.
- Build confidence and self-esteem
- · Set new goals
- around your wellbeing







## Meet the team - Engagement workers



**gemma hills**Senior NEET

Engagement Worker



lisa nelson
NEET Engagement
Worker
Covering the West



mark atherton
NEET Engagement
Worker
Covering the East



bafta keen
NEET Engagement
Worker
Covering the South



alice jundi
NEET Engagement
Worker
Covering 18+



sophie tamlyn
Nxt Steps
Administrator

## Referral criteria

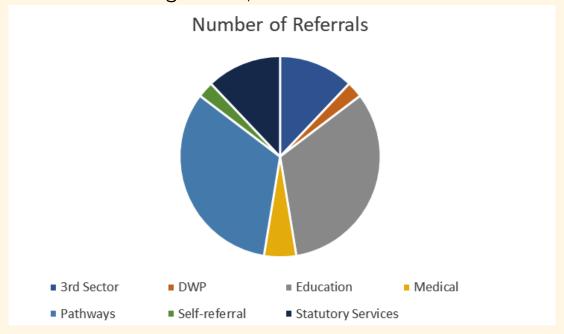
Nxt Steps is available for young people who are:

- aged 16\* to 17 (up to 25 for those with an existing or in progress Education, Health and Care Plan (EHCP), or Care Experienced)
- living in Leeds
- at risk of or already NEET (Not in Education, Employment or Training).

\*including 15 year olds who will be turning 16 before 31st August

## Referral statistics

The majority of Nxt Steps referrals come from education settings or the Pathways Team. However, as you can see by the below graph, we are also receiving referrals from 3rd sector organisations, DWP, Medical and Statutory services, such as social workers and youth offending teams, as well as self-referrals.



## Current referral form







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## Leeds City Council Employment and Skills Service

## Supporting Schools and Colleges across Leeds



**Chris Bradshaw & Andy Grayson** 

**Employment and Skills Officers** 











#### **Leeds Apprenticeship Hub**

- Impartial information and advice on Apprenticeships
- Leeds CEIAG Network and newsletter
- Start in Leeds Website
- Apprenticeships- info sessions and presentations
- Business engagement
- Events Leeds Apprenticeship Recruitment Fair, SEND Next Choices, Leeds Digital Careers Fair, Leeds Creative Skills Festival
- Opportunities in Leeds weekly newsletter
- Social media Instagram, Facebook, Twitter @eandsleeds













Careers Education Information And Guidance



**The Leeds CEIAG Network –** This meets termly and is open to all careers practitioners. The network meetings provide a variety of presentations and up to date information along with the opportunity to share good practice.

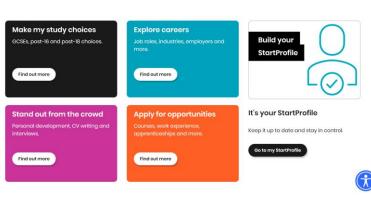


The CEIAG newsletter is produced monthly and is uploaded onto Leeds for Learning. It includes information and resources to support your careers education programme.

## Start in Leeds

- This is an online careers platform which provides information, advice and guidance for students, parents, carers and careers practitioners.
- The website includes local labour market information along with a programme of activities all mapped to the Gatsby benchmarks and the CDI framework.
- The website is free to access.
  - Website: leeds.startprofile.com
  - Email: <u>support@u-explore.com</u>







## **Apprenticeships**

- We deliver awareness sessions for students in years 10 and above.
- This can include attendance at careers events, assemblies and parents' evenings in order to provide information about apprenticeships to students, teaching staff, parents and carers.
- We have a number of Apprentice Ambassadors who can also come along and talk about their experiences.

**Business Engagement** 

 As a service we work very closely with employers in the city who can support careers, employability and world of work activities.

 Supporting schools and businesses in Leeds to upskill or reskill new or existing staff via apprenticeships. This includes supporting to setup an apprenticeship and/or access levy funds.

 Circulating vacancies across the city to support recruitment needs.

- Signposting to funding and grants.
- Organising webinars and seminars.
- "Opportunities in Leeds" Newsletter.
- Business Newsletter.



## **Leeds Employment Hub**

#### Our Employment Advisors are based in the local community and can offer:

- Individual support tailored to your needs
- Careers advice and guidance
- Opportunities to learn new skills
- Tips on CV writing and completing application forms
- Interview practice
- Access to local job and apprenticeship opportunities
- Opportunities to hear from a range of local employers
- In-work support
- Information and guidance on self-employment
- Advice on benefits calculations and managing debt

This support can be accessed by anyone 15+ living in Leeds regardless of employment or school/college status. The support can run up to 6 months. To make a referral please email esleeds@leeds.gov.uk







### **Upcoming Events**

- SEND Next Choices: 25<sup>th</sup> June 24 helping young adults with Special Educational Needs and or Disabilities prepare for adult life
- Leeds Digital Careers Fair: 24<sup>th</sup> Sep 24 helping to showcase and demystify the diverse range of digital and tech career opportunities to increase the tech talent pool for Leeds
- Leeds Creative Skills Fair: Date TBC Nov 24 helping to showcase the diverse range of creative career opportunities to young people in Leeds

Schools and colleges can block book tickets for students in advance by emailing <a href="mailto:esemployers@leeds.gov.uk">esemployers@leeds.gov.uk</a>

By block booking, students will not need to book individual tickets. Access to the road behind the arena will be granted for drop offs and pick ups and sessions can be delivered in schools

#### **EMPLOYMENT AND SKILLS** LEEDS

## Upcoming careers events at Leeds first direct arena



LEEDS APPRENTICESHIP RECRUITMENT FAIR

MONDAY 05 FEBRUARY 2024



SEND NEXT CHOICES: GETTING READY FOR ADULT LIFE TUESDAY 25 JUNE 2024



LEEDS DIGITAL CAREERS FAIR TUESDAY 24 SEPTEMBER 2024



LEEDS CREATIVE SKILLS FESTIVAL

COMING NOVEMBER 2024

### Contact us







esemployers@leeds.gov.uk

www.employmentskillsleeds.co.uk www.inclusivegrowthleeds.com

www.apprenticeshipsinleeds.co.uk







## Street League





www.streetleague.co.uk @StreetLeagueUK





## **OUR MISSION**

USING SPORT AND EDUCATION, WE HELP YOUNG PEOPLE INTO WORK.

## **OUR VISION**

A SOCIETY IN WHICH ALL YOUNG PEOPLE HAVE THE OPPORTUNITY OF SECURE EMPLOYMENT AND A BRIGHTER FUTURE.

## 32%

Female participation rate, with an aim to hit 50% by 2025.

25%

BAME participation rate, with an increased focus on equality, diversity and inclusion



## THE STREET LEAGUE JOURNEY





---O INTRODUCTION

## **YOUR MILESTONES WITH** STREET LEAGUE

PROPERTY SPORTS &

PEOPLE

**MEET NEW** 

GAIN



F--O AFTERCARE **SUPPORT** 

## **What do Street League Offer?**

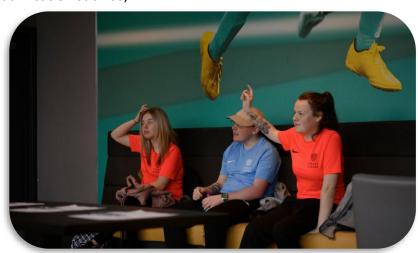


We offer a much more relaxed approach to education and look to support everyone in the way that best fits with their learning style. We also operate on a much smaller scales and only have a maximum of 12 people per venue with a minimum of 2 staff on at all times.

Although we offer free sport to everyone, nobody is forced to play as this is only an added incentive. The main reason for our support is to progress someone through our Employability Academy and onto their next step, whether that be employment, education or training. We have two venues and offer a range of qualification such as;

#### Qualifications (Ages 16-18 only)

- Functional Skills Level 1&2 Maths (City & Guilds).
- · Functional Skills Level 1&2 English (City & Guilds).
- Level 1&2 Employability.
- Level 1 Professions in Sport.
- Chance to complete work experience.



## **What do Street League Offer?**



We run Monday – Thursday 09:30 – 16:30 from our two sites over a 15 weeks block.

Monday = Maths & Sports Qual

Tuesday = English & Sports Qual

Wednesday = Employability & Sports Qual

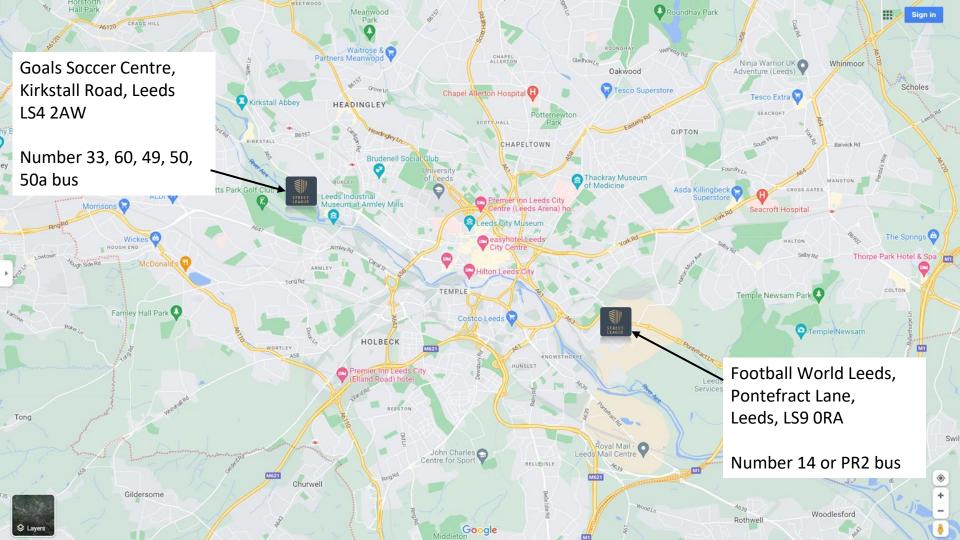
Thursday = Employability & Sports Qual

After the 15 weeks we hope to have progressed them onto another course, or found them employment. If not, we do continue to work with them until they do find their next steps.

#### **Incentives**

- Free Nike & Steet League sports kit.
- £100 in gift vouchers.
- · Travel reimbursed daily.
- · Chance to play both non-competitive and competitive football matches.
- Bursary available. This covers travel and lunch on a daily basis.





### **PARTICPANT SUCCESS STORY: LEEDS**







3 years ago, Patrik moved from Slovakia to England to begin life in the UK. Unfortunately, he was unable to achieve any qualifications in Maths or English while at school.

When Patrik first attended our programme, he was understandably nervous but was in good spirits, making him a great participant. Patrik was extremely interested in going to the gym and lifting weights.

Before Street League Patrik was not very interested in team sports. However, quickly fell in love with football, leading him to making new friends on the programme.

During Patrik's time at Street League, he decided he wanted to attend Leeds City College to study Public Services with his overall dream of becoming a Police Officer.

After visiting several open days, having discussions with all his future teachers, and submitting his application, he was invited to an interview. As a result of achieving his Maths and English Functional Skills, Employability, and Sports qualifications he was offered a place on the course which is due to start in September.





After joining Street League, Harry has been able to secure himself a three year apprenticeship as an electrician based in Leeds.

When asked about this, Harry said:

"I joined Street League because I wanted to play football, but I was also given the help and support that I needed to find my apprenticeship, finish my CV, and complete my application."

### **OWN YOUR FUTURE**



## SUPPORTING YOUNG PEOPLE ACROSS THE UK TO OWN THEIR FUTURE

www.streetleague.co.uk @StreetLeagueUK





## NACRO



## BE WHO YOU WANT TO BE

David Harrison 19/03/2024







## About Nacro Education

Nacro>
Education
Leeds



About us

At Nacro Education we help you realise you potential and gain the skills, knowledge and experience you need to progress.

Our Get Set! Courses take a unique approach which enables you to learn in your way and at your own pace. We run 12 education centres across England, and we're rated GOOD by Ofsted.

#BeWhoYouWantToBe



We have Education Centres across the country

#### **Nacro Education Centres**

**Bolton** 

Newcastle

**Boston** 

Peterborough

**Chatham** 

Sheffield

Leeds

Spalding

Longton

- Walsall
- **Middlesbrough**
- > Totton College





TOTTON COLLEGE

Nacro>

#### Our mission

#### Nacro Education mission statement

Our mission is simple – we want students to be who they want to be. At Nacro Education, we'll help them to realise their potential and to gain the skills, knowledge, and experience they need to progress confidently onto their next steps. This could be further education, training, or work.

With our Get Set! courses, we take a unique approach which enables students to learn in their own way and at their own pace. Focussing on certified vocational qualifications, enrichment, employability, maths and English, and work placement opportunities.

Our smaller class sizes, skilled and experienced tutors, practical workshops, and one to one support make us stand apart. Our Education centres work in partnership with the communities in which they are based. We collaborate with leading industry experts and local businesses to ensure our courses provide the teaching, skills and learning opportunities students need for their future.





## What makes us different?

Nacro>
Education
Leeds



### Nacro Education Leeds

#### About us

Whatever you want to do, whoever you want to be, we can help.

We work alongside you to understand what your goals are and give you the opportunities and support you need to succeed.

As a national charity, we bring experience and knowledge of working in communities across Leeds, and we are proud of the accomplishments our students achieve.

Our mission is simple – we want you to be who you want to be.

Our students' success

Young people achieving a pass in their GCSE English/maths

> 90%

Young people passing their qualification with us

> 90%

Young people recommending us

> 90%





**Nacro Education Leeds** What we offer students

> **Experienced and trained staff to support SEND** and EHCP needs

Tailored support for all students based on individual needs

Bespoke timetables for students





# **GET SET!** for your future

Nacro>
Education
Leeds



### **Nacro Education Leeds** What is GET SET!?

#### What is a GET SET! course?

Our Get Set! courses accelerate your learning and enable you to identify and make progress towards your aspirations. We combine vocational learning with essential English and mathematics qualifications, enriching experiences and workplace encounters to equip you for career success.



#### Our courses are crafted to enable you to:

- Develop industry-specific skills through hands on vocational courses in areas like construction, healthcare, animal care, sport and more.
- > Improve English, maths and digital literacy to strengthen your foundations for work and life.
- Participate in a range of work experience and employment related encounters to gain insights into the industries
- > and careers paths that are of interest to them.
  - Gain vital skills for the workplace including communication, problem solving, teamworking, interview practice and
- CV writing.
  - Participate in a range of activities, opportunities, team collaboration challenges and educational site visits that enable personal development through real experiences.
    \*GCSE/Functional Skills English and maths are only required if you haven't already gained a level 4 or above.



## **Our subjects**





## Get Set! for Motor Vehicle Maintenance Our subjects

Our **Get Set! for Motor Vehicle Maintenance** courses are designed to help you gain entry to jobs with companies like Kwik-Fit, National Tyre, Autocare and Halfords.

Adding your Level 1 & Level 2 will give you all the skills & experience you need to support your progression into the motor vehicle industry, or onto a Level 3 course.

Ofstec

Our Motor Vehicle Maintenance courses are studied in conjunction with IMI (Institute of Motor Industry). Which is the professional association for individuals working in the motor industry.

### > Get Set! for Catering and Hospitality

### Our subjects

Our **Get Set! for Catering and Hospitality** courses are designed to give you a taste of what it's like to work front and back of house. From waiting on tables, customer service, to creating and cooking dishes. You'll create posters and information sheets on this practical based course in our industry standard facilities.

You'll also be able to visit businesses relevant to your studies. Our students recently visited the Rathbones/Chippendales Manufacturing who create products for Morrisons.



### > Explore all our courses

We offer a range of courses for you to choose from

Motor Vehicle Maintenance – Up to Level 2
Multi skills Construction - Level 1
Hospitality and Catering - Up to Level 2
Childcare – Level 1 From September 2024
Functional Skills English & Maths

For all of our **Get Set! courses**, you'll also be able to study **GCSE English and maths**, and have **work placement opportunities**.

> Apply now: nacro.org.uk/leeds

#BeWhoYouWantToBe



# Nacro> Education Leeds

### **Contact us**

Call: 0113 239 2674

Email: <a href="mailto:studyleeds@nacro.org.uk">studyleeds@nacro.org.uk</a>

#BeWhoYouWantToBe







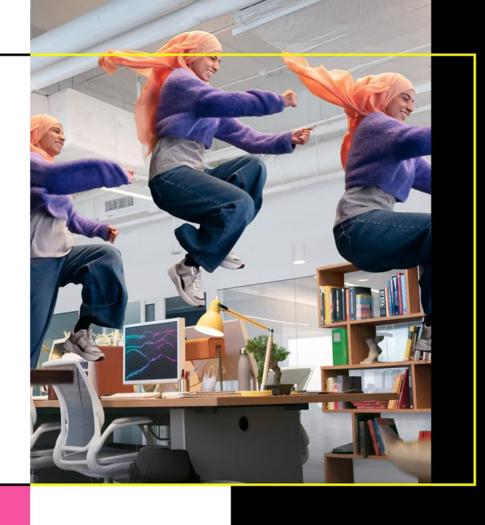


## West Yorkshire Training Providers

# Introduction to apprenticeships

For students







### Today's aims



- √ What apprenticeships are
- √ The range of apprenticeship job roles available
- ✓ The different levels
- √ How you find an apprenticeship
- ✓ What you need to do next to start searching and applying

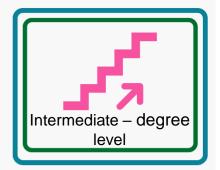




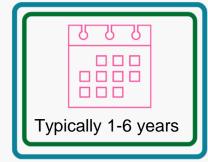
## What are apprenticeships?























## The levels of apprenticeships



Name	Level	Equivalent educational level
Intermediate	2	5 GCSE passes at grade 4-9 (A*-C)
Advanced	3	2 A Levels / Level 3 diploma / International Baccalaureate
Higher	4,5,6 & 7	Foundation degree and above
Degre e	6 & 7	Bachelor's or master's degree



## **Career Starter Apprenticeships**



#### 12 career starter apprenticeships have been identified and guides have been created:

- Freight Forwarding Specialist
- Healthcare Support Worker
- Engineering Fitter
- Business Administrator
- Information Communications
   Technician
- Chef
- Hospitality Team Member
- Data or Software Technician
- Electrician
- Plumber
- Teaching assistant
- Early Years Educator

#### Plus those since approved:

- Warehouse operative
- Dental nurse
- Digital support technician
- Cyber security technician
- Horticulture or landscape operative
- Content creator
- Bricklayer
- Plasterer



## Higher & Degree apprenticeships



#### Work full-time and study part-time











NUS

**Experience** 4-6 Years



University fees paid by employer and/or Government

Wide range of employers work with 100+ universities to offer degree apprenticeships



## Meet some apprentices

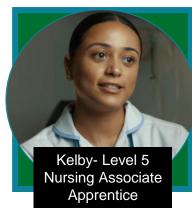


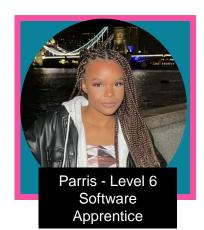




**Apprentices undertaking different level apprenticeships** 





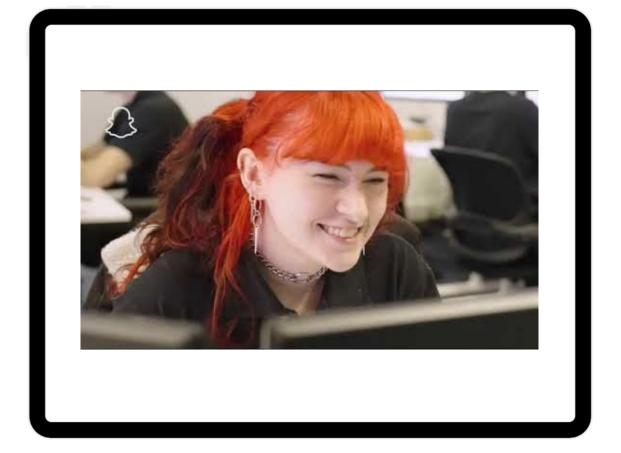






## Hear from apprentices

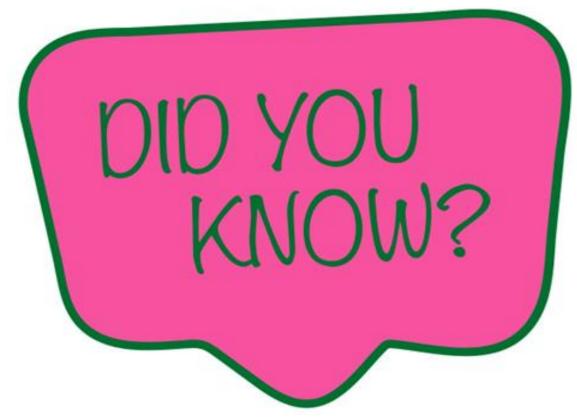






Myths and truths







## Range of apprenticeships











Officer Bilot

Doctor

Hairdresse r

Paralegal









Quantity Surveyor

Years
Proctitioner

Aerospace Engineer

Paramedic









Chef

Dietician

Beauty Therapist Business Admin



Which employers offer apprenticeships?

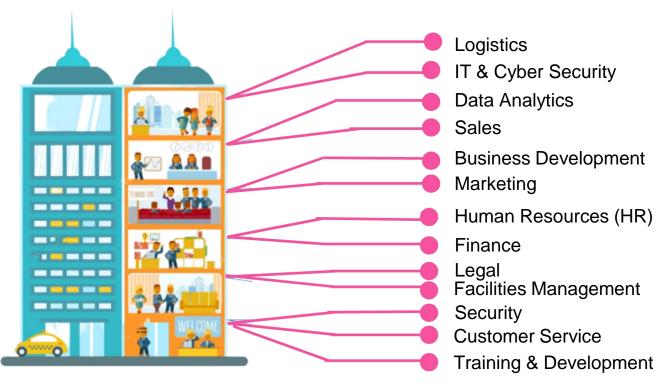






## Look inside the company







## How do you find apprenticeships

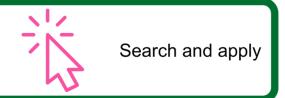












To find an apprenticeship visit GOV.UK

•••



## Where else to look?





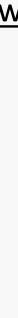








Are there any vacancies near me?





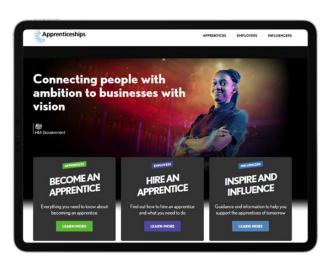
www.yorkshireapprenticeshipservice.co.uk





#### **Contact us**





#### Apprenticeships.gov.uk















#### AmazingApprenticeships.com













# **Explore your education and training choices**

Still not sure what's next for you? Whether you know where you're heading or not knowing about the different routes open to you is a great place to start.







**Hands Up** 

Who knows a little bit about apprenticeships?

Who knows a lot about apprenticeships?

Who knows nothing about apprenticeships?

Who feels confident they know what an apprenticeship is?

Is anyone already looking into apprenticeships or considering them as an option?

Who knows r

Who knows how you go about applying for apprenticeships?

Who knows roughly where to look for apprenticeships?







### YMCA

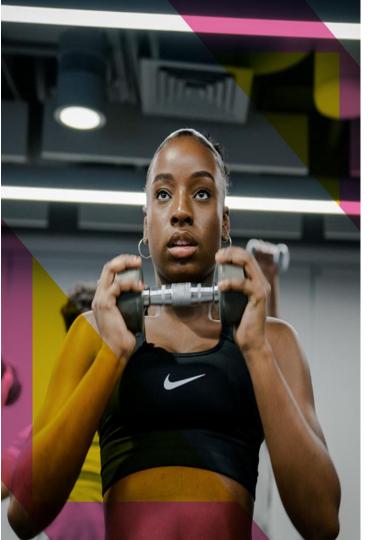




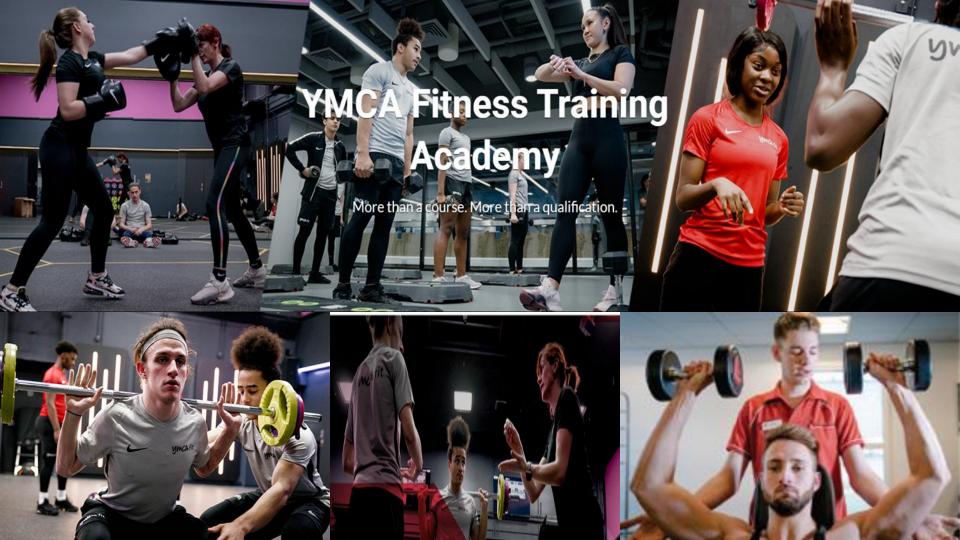
A Study Programme is designed around you, to fit your interests and put you on course for your next career step. Working together we identify a clear single aim for your time with us. These might include:

Discovering which future career you want to grow into Aiming for an apprenticeship Studying at university Setting up a business.

Pick a course that's designed around you, your interests and your needs.



### FITNESS TRAINING ACADEMY



## FITNESS TRAINING ACADEMY

2 Year Programme qualifying you as both a Gym Instructor and Personal Trainer

**September 2024 – July 2026** 

Term time Mon-Fri 9.30am-4pm







Central YMCA's Pre-apprenticeships are the perfect way for you to gain skills and work experience to accelerate your career.

#### What is a Pre-apprenticeship?

A Pre-apprenticeship (sometimes called an internship or work placement) is an important step towards securing an apprenticeship or job. There's no denying that experience counts when it comes to the job market – it's a way to signal to employers that you're 'work-ready'.

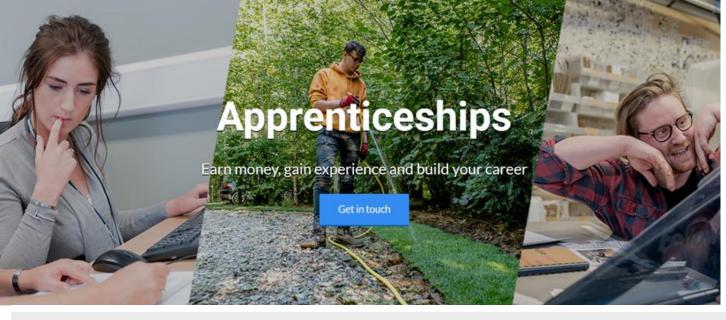


A full-time football academy within a semiprofessional club, combined with an education programme leading to university opportunities.

This provision offer the following qualifications

- NCFE Level 2 Certificate in Sports Coaching
- NCFE Level 3 Diploma and Extended Diploma in Sports and Physical Activity





Business Administration and Management

**Customer Service** 

Early Years and Childcare

Fitness and Leisure

Health and Social Care

Horticulture and Gardening

Warehousing and Storage



Call 0113 243 2377

TALK TO US ABOUT YOUR OPTIONS

#### FITNESS TRAINING ACADEMY





### Prince's Trust



Prince's Trust

# START SOMETHING

# BETHERE PEOPLE



## Who are we?

- Founded in 1976 by King Charles to improve the lives of disadvantaged young people in the UK.
- We support young people aged
   11-30
- Offer programmes to help young people build confidence, get jobs and start their own business



We have helped 950,000 young people to date and plan to help a further 1 million young people to transform their lives in the next 10 years.



"We believe that every young person should have the chance to embrace exciting opportunities. We are open to all young people aged 11 to 30 - no matter what obstacles they are facing. If they are willing to aim high — we are here to help them find the tools and confidence to try free courses and start careers."

We work all across the UK and also across the world in countries such as Australia, New Zealand, Canada and America.



We have a dedicated team with local programmes running in Yorkshire and Humber covering Leeds, Sheffield, Hull and Bradford!



# Our Programmes



# Get Into

The Get into programme gives unemployed, work ready young people aged 16-30 an opportunity to work with top employers who are ready to hire fresh talent, while improving your CV and interview techniques.

You will meet new people and learn what it takes to get your foot in the door.

Some courses include a trial shift with potential job offers available at the end.





#### **WHAT YOU WILL GAIN:**



#### **SECTOR SPECIFIC EXPERIENCE**

Gain sector specific skills, training and work experience



#### **WORK WITH THE EMPLOYER**

Work with committed and inspiring external partner



#### **SKILLS**

Improve employability skills



#### **JOB READY!**

Move into a sustainable job within the sector



# Get Started

The Get into programme helps Young People develop new skills and build confidence, while having fun at the same time!

Our Get Started programme covers everything from music, boxing, and football to fashion and gives you a taste of an industry working directly with inspirational experts.

On this week-long programme you'll work towards a group challenge while developing your skills and confidence.





#### **WHAT YOU WILL GAIN:**



#### **INTENSIVE PROGRAMME**

A 5-day programme with a delivery partner



#### CONFIDENCE

Building confidence, Get Started is the perfect way to move forward in your life.



#### **PRACTICAL SKILLS**

Develop practical, transferable, on-the-job skills



#### SECTOR EXPERIENCE

Focused around a specific theme





O O #StartSomething



Prince's Trust 🔮 19.1K subscribers



# **Enterprise**

The Prince's Trust Enterprise programme offers support for young people aged 16-30 (both digitally and in person) who want to explore self-employment with the interest of starting up their own business.



# Team

Joining a group of up to 15 other young people, over 12-weeks you'll get to know each other through residential, community projects and work placements geared to help you gain new skills and improve your confidence.





#### YOU'LL BE CHALLENGED TO:

- Take on your own group community project, making a positive difference to the place where you live
- Take part in an action packed residential trip
- Get two weeks' work experience in something you're interested in
- Develop your English and Maths skills

As part of the course, we also spend some time developing your interview and CV skills to ensure your confidence is sky-high for when taking the next step.



# THREE OUT OF FOUR PEOPLE ON TEAM GO ON TO WORK OR COLLEGE COURSES WITHIN THREE MONTHS



#### **HOW IT WORKS:**

#### Week 1

Over this week, you'll start planning for the weeks ahead – setting out what you want to achieve and finding out how to get your qualifications.

#### Week 2

You'll spend this week away – trying new things and learning how to work with others. Trying canoeing, climbing, raftbuilding and much more.

#### **Week 3-6**

As a Team, you'll decide on a project to benefit your local community and carry it out. This gives you great experience to talk about at interviews.

#### **Week 7-8**

This is the time to see how the skills you've developed so far can help you in the workplace. It's also a great chance to try out a type of work, or company, to see whether you like it.

#### Week 9

You'll get help to write a fantastic CV, practice your interview skills and write applications.

#### Week 10-11

You and your Team will take on a challenge to help others in the community. This is when you get to test out all the skills you've developed.

#### Week 12

In your final week, you'll deliver a presentation – giving you the chance to show off the talents you've discovered!





#StartSomething







## Development Awards

Get funding to train and learn! Our Development Awards can cover the cost of course fees, tools or equipment to help you achieve your goals.





## DEVELOPMENT AWARDS CAN SUPPORT:

- Accredited course fees up to Level 3
   (A-level equivalent)
- Tools, equipment or uniforms for a job or qualification
- Job licence fees
- Transport to a new job until your first pay slip

Whatever you might need to acheive your work, education or training goals!

## Health & Social Care

The H&SC programme helps Young People to develop the skills and confidence they'll need to move into health and social care jobs, as well as receive mentoring to develop your careers.





## Hasc Mentoring:

We know that mentoring is one of the most valuable ways we can support you as you apply for jobs and enter the workplace. This one-to-one support is a vital outlet for you to ask questions, seek advice, guidance and inspiration.

# Interested?





## Get In Touch!

**Email:** 

YHOutreach@princes-trust.org.uk

To find out more about any of our programmes!



# 









## Leeds Pathways



### Leeds Pathways Support Team



#### **What Is Leeds Pathways Support Team**

- \* Careers information, advice and guidance (IAG).
- Post 16 applications (College, Sixth Forms, Training Providers, Apprenticeships).
- One to one tailored support (signposting to services to address barriers to progression).
- Support with creating a CV.
- The Pathways team support NEET young people in years 12 and 13 and those in year 11 who are at risk of NEET. Referrals for year 11 students will be considered for young people where attempts by school to contact and engage young people on their post 16 options have been exhausted.



#### How do we work with NEET young People

- Young people are offered a face to face or telephone appointment
- Locality drop ins and home visits available.
- Sign up to support.
- ★ Complete Work Star IAG assessment tool to identify. strengths and areas of interest
- Agree actions with the young person and set these in the action plan.
- Support them towards an EET outcome.

#### Additional Working practises of LPST.

In addition to supporting YP via the NEET list the IAG team also complete a number of tasks:

Partnership work with Youth Justice service, Social Care and SENSAP.

Attending School careers fairs and the annual Apprenticeship and SEND fairs at Leeds Arena

Monthly EET panels and surgeries in partnership with the Virtual School.

Daily drop-in sessions at Hubs citywide for young people and professionals to access IAG.