



AGS Weekly

Allerton Grange School Weekly Newsletter

We appreciate your patience in the mornings when students are arriving. To avoid congestion, we recommend students are dropped off a little further away from school, rather than outside the gate on Talbot Avenue.

A thank you to all parents and guardians for displaying their parking permit in their vehicle. Please only make use of the school car park at pickup/drop off if you have a medical need or access arrangement in place with the school.

Dear Parents, Carers and Students,

As we reach the end of our first half-term, it feels like a good opportunity to reflect on what has been a really positive start to the school year. It has been a long and incredibly busy eight weeks, but there has been so much to be proud of. I would like to thank all our staff for the hard work, energy and commitment they have shown, and our students and families for the continued support they give to the school.

What has stood out again this half-term is the strength of our community. School is about much more than what happens in lessons, important though that is. It is also about the opportunities our students have, the relationships we build and the sense of belonging that comes from being part of AGS. Over the past eight weeks, we have seen that community spirit in so many different ways. This week has been no exception and has been an incredibly busy end to the half-term. Our Key Stage 4 and 5 Music Concert on Thursday was a fantastic opportunity to celebrate the talent, confidence and commitment of our students. On Wednesday, Supporting Success and our Parent Forum provided important opportunities to work alongside parents and carers, strengthening the partnership between home and school that is so important to our students' success.

And, of course, we finish the half-term with Culture Day, always one of the highlights of the AGS calendar. It is an incredible day and one which perhaps reflects our school community better than any other. It is a chance to celebrate the different cultures, backgrounds and traditions within our school, but also to recognise everything that brings us together. The pride, enthusiasm and sense of belonging across school make it a very special way to end the half-term.

A huge thank you and congratulations to all the staff involved in making Culture Day possible and particularly to our brilliant Sixth Form Student Leadership Team. They have worked incredibly hard to plan and organise the day, and it is wonderful to see our students taking such a leading role in something that means so much to our community.

As we head into the half-term break, I hope everyone can look back with pride on what we have achieved together over these first eight weeks. AGS is a busy school, but it is the people within it, our students, staff, families and wider community, who make it such a special place.

Thank you for everything you have contributed to such a positive start to the year. I hope all our students, staff and families have a restful and enjoyable half-term, and I look forward to welcoming everyone back refreshed for the next part of the school year.

**Kind regards,
Andrew Norrington
Headteacher**

Road Safety

Parents and Carers - We need your help to keep all members of our community safe as there have been a number of near miss accidents outside school.

If you are driving your child to school, particularly along Talbot Avenue, we ask that you take care, be considerate to pedestrians and other drivers, and follow the Highway Code (INDICATE BEFORE STOPPING AND BEFORE DRIVING AWAY; DO NOT STOP ON YELLOW ZIG ZAG LINES OUTSIDE OF SCHOOL; DO NOT USE THE SCHOOL ENTRANCE TO TURN AROUND; DO NOT DO A THREE POINT TURN OUTSIDE OF SCHOOL; DO NOT ENTER THE SCHOOL CAR PARK TO DROP OFF/PICK UP).

Where possible, please drop your child off further away so they can walk the last part of their journey to school. Thank you for your support.

Reminder for students

We have seen a concerning number of children being distracted while walking to school or stepping out into the road without looking.

Please remind your child(ren) that they need to keep themselves safe while they are out and about.

- Always walk down the street to use a crossing. Don't take the shortcut and cross in-between parked cars.
- Always wait until you've crossed the road safely before looking at your phone. Don't let it distract you.
- When you cross the road, stand on the pavement behind the kerb, avoiding bends or the top of hill where you can't see clearly.
- When using a pedestrian crossing, stop and wait for the green man AND then check traffic has stopped in both directions.
- Before you cross the road, stop and look right, look left, look right again to double check that it's clear before you cross.
- Always wait when you see a car coming, even if you think there is time to cross. It's not worth the risk.
- Remember that using headphones and listening to music means you can't hear traffic and other road users as clearly. Make sure you stop and check carefully before you start crossing the road.
- If you are cycling, make sure you are wearing reflective clothing, have working lights and following the Highway Code.
- You must always wear a helmet to protect your head if you fall off your bike. Make sure it fits and the strap is snug under your chin.
It could save your life.



Eyes Up

Put your phone away, look out for your friends and don't distract them. Stay focused near traffic - Look right, left and right again before crossing the road and continue looking and listening while you cross.

Slow Down

Take care and don't run across the road when traffic is coming, even if you think there is time. It can be difficult to judge the speed of traffic. If traffic coming, let it pass.

Cross Safely

Always find a safe place to cross, use a pedestrian crossing if there is one and choose a place where you can see clearly in all directions.



Dates for your Diary:

Monday 26 to Friday 30 October - Half Term - School is closed

Monday 2 November - School reopens

Thursday 5 November - Year 11 and Year 13 Whole Year Group Photos.

Year 11 students need to be wearing full school uniform for the photo.

Friday 6 and Monday 9 November - Flu Vaccinations (Year 7 to Year 11)

The School Aged Immunisation Service will be in school on these days. Parents/carers need to complete a form to give consent or no consent.

[Find out more and how to complete the online form.](#)

Wednesday 11 November - Sixth Form Open Evening, 6.00 - 8.00 pm [Book your place](#)

Monday 16 November - Odd Socks Day, part of Anti-Bullying Week. Show your support and wear odd socks!

Friday 20 November to Friday 4 December - Year 11 Pre Public Exams

Thursday 26 November - Year 9 Options Evening, 5.00 - 7.00 pm

Wednesday 2 December - BTEC Music Solo Performance Recording

Monday 7 December - Year 7 and Year 8 Careers Talk

Thursday 10 December - World of Music Concert

Friday 11 December - A Ghost Story for Christmas, After School in the Library

Monday 14 to Friday 18 December - Rewards Assemblies

Monday 21 December to Friday 1 January 2027 - School is closed - Christmas Holiday

Monday 4 January - Training Day - School is closed to students. School reopens on Tuesday 5 January 2027.

Have Your Say - Public Consultation on Admission Policy for Leeds Community and Voluntary Controlled Schools

Leeds City Council is running a public consultation on the 2028/29 admission policy for Leeds community and voluntary controlled schools.

You can share your views until 2 December 2026.

Find out more at:

www.leeds.gov.uk/SchoolAdmissionsConsultations

Parent/Carer Evenings

For the 2026-27 academic year, Parents' Evenings will continue to be online/virtual meetings.

Bookings open for each Parents' Evening 2-3 weeks before the event. Parents and carers will receive a letter from school prompting you to book appointments. Appointment times are 4.30 pm to 7.30 pm.

- 8 October 2026 - Year 13 Parents' Evening ✓
- **19 November 2026 - Year 9 Parents' Evening (information sent out on 22 October)**
- **1 December 2026 - Year 12 Parents' Evening**
- **13 January 2027 - Year 11 Parents' Evening**
- **26 January 2027 - Year 7 Parents' Evening**
- **4 February 2027 - Year 10 Parents' Evening**
- **16 March 2027 - Year 8 Parents' Evening**



We're working towards Artsmark
Awarded by Arts Council England

Training Days 2026-27

The Training Days this school year, when school is closed to students, are on:

- Monday 1 September 2026 ✓**
- Friday 25 September 2026 ✓**
- Friday 27 November 2026**
- Monday 4 January 2027**
- Monday 22 February 2027**

Sports Fixture Results

Football (Boys)

On Wednesday, the **Year 10 boys' Football team** beat Ralph Thoresby in the cup 3-2 after extra time.

Last night, the **Year 8 team** played a home league fixture against Boston Spa. In a highly competitive game, with two very good teams. Our team came out with a 4-0 victory. The students played some great football and represented AGS in a very positive way.



Australian Running Competition

This week, Year 7 DAHIT pupils went to an Australian Running competition at Castleford Academy.

This was a great opportunity to learn a new sport and mix with other deaf pupils from across the north of England. We're hoping to go back again next year!



Year 9 Supporting Success Evening

Thank you to everyone who joined us for the Year 8 Supporting Success Evening to find out how they can support their children during this important school year.

[You can view and download the presentation slides on the school website.](#)

The KS3 Team will be working with your children in school, to help all students to reach their full potential during Year 10. Please get in touch if you have any questions.

Date for your diary: Year 9 Options Evening 26 November 2026, 5.00 - 7.00 pm

Year 9 students and their parents/carers are invited to join us on Thursday 26 November 2026, 5.00 - 7.00 pm to find out about the Year 9 Options process and the subjects available to study in Year 10 and 11.

Crown Court Visit

On Tuesday, students taking part in the Bar Mock Trials went to visit the Crown Court.

They had a talk on the CJS and then were able to sit in live court cases where learners witnessed the trials, sentencing and plea trial motions.



NHS Healthy Start Scheme

The NHS Healthy Start scheme helps families on low incomes buy healthy food and milk.

Women more than 10 weeks pregnant or families with a child under 4, may be entitled to access the scheme. Eligible families receive a prepaid card which can be used to buy fruit, vegetables, pulses, milk and infant formula. They can also receive free Healthy Start vitamins.



The card is topped up every four weeks. Eligible families receive £4.65 per week during pregnancy and for children aged one to four, and £9.30 per week for children under one.

Families can find out if they are eligible and apply online at www.healthystart.nhs.uk.

Leeds Apprenticeship Recruitment Fair

Please book early so you don't miss out. Tickets are free but there are limited tickets available.

EMPLOYMENT AND SKILLS LEEDS

LEEDS APPRENTICESHIP RECRUITMENT FAIR



Looking for an apprenticeship in Leeds?

The Leeds Apprenticeship Recruitment Fair has over 100 exhibitors offering information, advice, guidance and live vacancies. You'll have the opportunity to find out about apprenticeships, including what they involve and how they work. **Everyone is welcome and the event is free to attend.**

Tuesday 9 February 2027

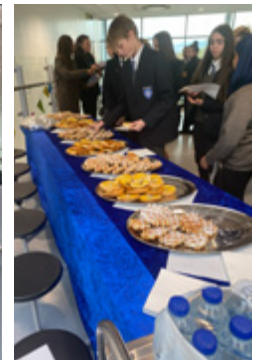
first direct arena Leeds

Book today: bit.ly/LARF2027



Rewards Assemblies and Breakfasts

This week, we've been recognising students from KS3 and KS4 for their hard work this half term at Rewards Assemblies and Rewards Breakfasts.



News from Maths

Earlier this half term in Maths, Year 11-13 students took part in the UKMT Senior Maths Challenge. We received our results this week and they were fantastic!

Five students have qualified for the next round, the Senior Kangaroo, these are: Matthew, Erin, Reuben, Nur al Din, and Josh. Ming Yan also qualified for the British Maths Olympiad which is an astounding achievement.

SPARX Maths

This year in Maths, Years 7-10 are using SPARX to complete their homework. This allows each student to receive individual and challenging tasks to help maximise their progress.

We have had competitions throughout the half term to see which students have engaged with SPARX the most.

The top five students are:

Anand (Year 7), Sam (Year 9), Hedda (Year 8), Tanvi (Year 10) and Nellie (Year 7). These students have completed lots of additional tasks in addition to their homework.

Well done to these, and every student for their hard work this half term and across the whole year.



NEURODIVERSITY ADVOCACY & CONSULTANCY
NEURODIVERGENT-LED | CENTRED ON AUTISTIC AND ADHD VOICES

Supporting children & young people, adults, families, schools and workplaces.

In-School Parent/Carer Support Group

A welcoming and supportive space for parents of autistic and/or ADHD children to connect with others, share experiences, and access support.

** No diagnosis is needed*

**You are invited to our upcoming
support group:**

**Thursday 19th November,
4.30pm- 5.30pm**

Allerton Grange High School

For more information about the work we do, please get in touch:



07546 566997
hello@neurostars.co.uk
www.neurostars.co.uk

Follow us on facebook and instagram @neurostarsuk

Culture Day 2026

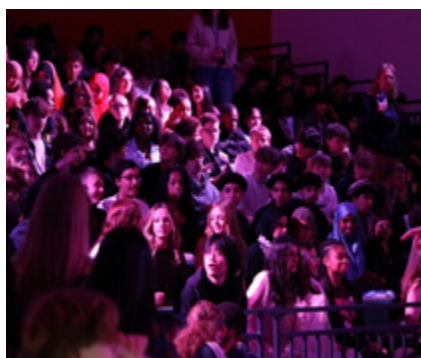
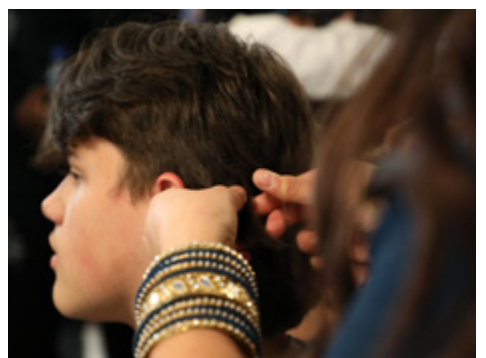
Wow! Our fourth annual Culture Day celebrated the vast diversity of the Allerton Grange community. Students took part in Culture Day assemblies, involving speeches, dancing, musical performances and the 'Catwalk of Culture'. During break and lunchtimes, students had the opportunity to get involved in drama sessions and visit stalls where they could have their hair braided, henna designs and try out food from different cultures. It was a fantastic way to end this half term, celebrating our Togetherness and showing respect to all.



Culture Day 2026



Culture Day 2026



KS4&5 Concert

Thank you to everyone who came along to support our talented Year 10, 11, 12 & 13 students at their concert last night. As ever, we were astounded by the talent and skill of these young musicians.

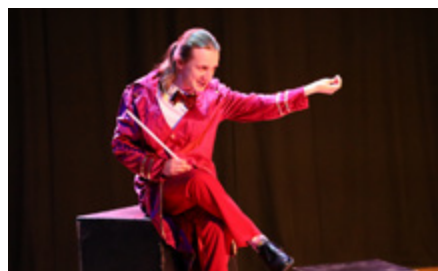


KS4&5 Concert



Drama Exam by Mrs Spencer-Matthews

We are so unbelievably proud of our Year 11 GCSE Drama students this week. They have been working hard in lesson to produce their devised performances; using a range of stimulus to create some truly creative, original work. On Wednesday they spent the day working as a professional theatre company and the day could not have gone smoother thanks to their responsible and ambitious attitudes. That evening parents and friends were treated to 3 incredible performances. Our Drama students are a courageous bunch of humans who embraced every piece of feedback given to produce some truly inspiring and thought-provoking work.

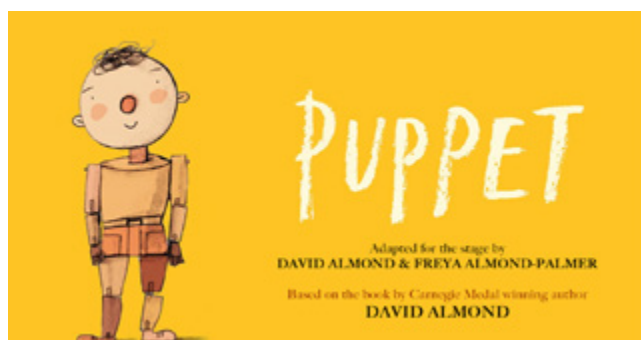


Puppet at the Carriageworks Theatre

Five AGS students, Ollie G, Jez and Elan in Year 11, and, Phoebe and Lydia in Year 8, are performing in a play at The Carriageworks Theatre the week after half term, 5 - 8 November 2026.

It is the world premiere of the play based on the book Puppet by best selling author David Almond (also author of Skellig) and David will be there for a book signing at the Thursday and Friday performances so it's a great opportunity to meet an author too!

[Find out more on the Carriageworks website](#)



Our Sixth Form Open Evening is taking place on Wednesday 11 November 2026, 6.00 - 8.00 pm.

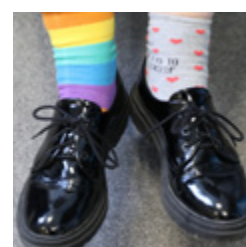
Please complete the [booking form](#) to help us with our planning.



Sixth Form Open Evening
Wednesday 11 November, 6.00 - 8.00 pm

On Monday 16 November, all members of the Allerton Grange community are invited to join together to support Anti-Bullying Week and wear odd socks for the day.

Find out more from the Anti-Bullying Alliance.



Dame Rachel de Souza, Children's Commissioner for England, is asking all children and young people to complete The Big Future survey.

Every child's voice matters, and I want to make sure that children and young people in every school and college, in every community, have the opportunity to shape the picture of childhood that I will share with Government."

You have until 23 October 2026 to complete the survey

School Uniform

As you will be aware, we have adjusted our school uniform in line with the national guidance set out in the Children's Wellbeing and Schools Bill. These changes are designed to reduce the overall cost of school uniform by limiting the number of compulsory branded items and increasing flexibility in where uniform items can be purchased. We remain fully committed to a uniform that promotes pride in our school community, while also being affordable, practical and inclusive.

The only changes were to the PE kit. All students need to have an AGS branded polo shirt and an AGS branded long sleeved top. All other PE kit does not need to be AGS branded eg plain navy football socks, plain navy shorts.

Allerton Grange School uniform

No jewellery other than plain, single, discreet studs, one bangle/band per hand and one plain ring per hand. One clear nose stud permitted.

Extreme hairstyles (as decided by the school) are not acceptable eg. hair colouring (natural hair tones only), trim lines, hair shaving – not below a grade 3. Navy blue, plain hair accessories are preferred style.

Minimal make-up permitted in years 7 - 11 (as decided by the school)

In the second half of the summer term, blazers and jumpers are optional. Long or short sleeved shirts must be tucked in and always worn with a tie.

AGS school tie

Blue for KS3 (Years 7, 8, 9)
Red for KS4 (Years 10, 11)

Navy Blue blazer
with school badge

Faith hats/ hijab/
turban/ kippah:
navy blue, plain in
style

Shalwar Kameez/
tunic:
Mid-grey (straight,
knee-length, classic
style)

White shirt
(long-sleeved or
short-sleeved)
Shirts must be
tucked in at all
times

Trousers:
Mid-grey
(straight, full
length, classic
style) for boys or
girls

Skirts:
Mid-grey
(straight, knee
length, classic
style with or
without vent,
pleated or
non-pleated)
NO stretchy
tube skirts

Shoes:
Plain black with
flat or low heels.
No trainers
permitted

Socks:
Mid-grey or black
ankle socks
No logos or designs

Tights:
Plain black or
neutral

Coats should
not be worn
inside the school
building

Students must
follow ALL
uniform rules at
all times!

Shoes: Plain black with flat or low heels. No trainers permitted



PE Kit:

AGS branded polo shirt

AGS branded microfibre long sleeved top

Navy shorts (plain, loose sports style shorts, standard 7inch inside leg, no logos, no cycling shorts or tight styles) OR navy sports skirt (plain, no logos)

Navy 'Football style' socks - winter (plain, no logos)

Trainers (non-marking and clean for indoor activities)

Football boots (compulsory for boys and girls)

Optional PE kit items:

Plain white sports socks - summer (plain, no logos)

Navy jogging bottoms - winter (plain, loose style, no logos, no leggings)



Allerton Grange School Uniform Exchange

Thank you to everyone who has donated items to our School Uniform Exchange to help us to recycle and avoid clothing going into landfill.

The School Uniform Exchange is available for all Allerton Grange families. There is no charge and some items are practically brand new.

We know that children grow very quickly, so if you need a new pair of trousers, a blazer or some PE kit, please get in touch to see what's available before you buy new uniform.

We have lots of uniform items available at the moment.

Please email:

agadmin@allertongrange.com

to check what uniform is available with the following information:

- Student name and Year Group,
- What items you're looking for
- Sizes (chest size, age of uniform they usually wear, leg length if trousers)

The Year Team will check if we have what you're looking for and either give the uniform to your child or let you know so you can pick it up from reception.

Lost Property

Please remember to label ALL belongings and uniform with the student's name and form. This helps us return lost items to students.

We currently have lots of coats and uniform items at Main Reception. If your child has lost something, please remind them to check lost property. Thank you.

380kg of lost property was donated to charity last term!

Cash For Kids Recycling Bank at AGS

We have a Cash For Kids Recycling Bank in the school car park for donations of clothing, shoes and textiles.

If you're having a clear out, please consider donating textiles and clothing here.

Thank you for your support.



Extra-Curricular Activities Calendar- Term 1: September to December

Monday	Tuesday	Wednesday	Thursday	Friday
Silent Study- Library 3-4pm JEI	Silent Study- Library 3-4pm JEI	Silent Study- Library 3-4pm JEI	Silent Study- Library 3-4pm JEI	Dungeon & Dragon Club Invite only 3-4pm L20 BFI
SEND Homework Club 3-4pm L34	SEND Homework Club 3-4pm L34	SEND Homework Club 3-4pm L34	SEND Homework Club 3-4pm L34	Coding Club Week A ONLY 3pm - 4pm I001 and I002 Mr Morris, Mr Barnett, Mr Matloob
We Will Rock You Pit Band (invite only) 3-4pm M001 TCa	Junior Concert Band (Suitable for grade 1-3 musicians) 3-3.30pm M003 ACu/CRo	Jazz Band (Suitable for grade 2 and above musicians and singers) 3-4pm M003 ACu/PPI	Choir (Chamber choir) 3-4pm M002 ASH	ALL YEARS KS3 KS4 KS5
We Will Rock You Musical Vocal Rehearsal (invite only) 3-4pm M022 ASH	Senior Concert Band (Suitable for grade 3-8 musicians) 3-4pm M001 TCa	Year 7 School of Rock! (Suitable for students who can play a rock based instrument / sing) 3-4pm M001 NDu/AMa	Year 8-13 Advanced Rockers! (Suitable for students who have attended School of Rock before/ can play a rock based instrument/sing) 3-4pm M001 DSu/AMa	
We Will Rock You Lead & vocals- invite only 3-4pm D001	Grade 5 Theory Club (All GCSE & BTEC students) 3-4pm M001 ASH	Years 8 & 9 Drama Club- ALL welcome 3-4pm Hall	Latin Club- All year groups L20	
	Years 7 Drama Club- ALL welcome 3-4pm D001	Spectrum 3-4pm S004 CNe	AGS Dance - All welcome 3-4pm Hall	
	Year 9/10/11 Netball MUGA JAD	Year 9/10 Football Field DTO/ KOR	Year 7/8 Netball MUGA Eca	
	Year 7 Boy's Football Field SNo	Girls Football Field JAD	Girls Rugby Field KGo	
	Year 8/9 Rugby Field JGa	All Year's Badminton Sports Hall SNO / ECA	Year 7 Rugby Field JGa	
	KS3 Art Club 3-4pm A001 EJa	KS3 Art Club 3-4pm A001 EJa	Year 8 Football Field DTO	
	KS4/S ART/PHOTOGRAPHY- Drop in sessions 3:00-4:00pm with PFI/KCR/JVM- A002- 4	KS4/S ART/PHOTOGRAPHY- Drop in sessions 3:00-4:00pm with PFI/KCR/JVM- A002- 4	War Hammer Club 3-4pm L18 SLo (date to commence TBC)	
	KS5 Social Sciences drop-in LS1	KS4 Technology Drop-in sessions 3-4pm Technology Pod	KS5 Social Sciences drop-in LS1	
	KS4 Technology Drop-in sessions 3-4pm Technology Pod			
	Pokemon Club ALL Welcome 3-4pm L8/9 DWa			



WHAT'S ON AFTER SCHOOL IN PE?

	ACTIVITY	WHERE	STAFF
TUESDAY	Year 9/10/11 Netball Year 7 Boy's Football Year 8/9 Rugby	MUGA Fields Fields	JAD SNO JGA
WEDNESDAY	Year 9/10 Football All Year's Badminton Girls Football	Fields Sports Hall Field	DTO/ KOR SNO / ECA JAD
THURSDAY	Year 7/8 Netball Girls Rugby Year 7 Rugby Year 8 Football	MUGA Field Fields Fields	ECA KGO JGA DTO

YOU MUST SIGN UP IF YOU WANT TO JOIN AND YOU WILL RECEIVE AN INVITE ON CLASS CHARTS

Sign up sheets are located on the wall outside the Sports Hall.

These clubs start the week beginning 16th September.

ALL CLUBS ARE FROM 3 - 4pm.

If the PE club is on a day you don't have a PE lesson, you will need to bring your PE kit with you and get changed after school.

Music Extra-Curricular Clubs 2026-27 (starting on Monday 14 September 2026)
 Students don't need to sign up, clubs are free to attend. They can store their instruments in the Music Department during the day. Any questions, come to the Music department and ask any members of the Music Team.

Day	Time	Room	Club	Teacher
Monday	3.00 - 4.00 pm	M001	We Will Rock You Pit Band (Invite only)	Mrs Casey
Monday	3.00 - 4.00 pm	M002	We Will Rock You Musical Vocal Rehearsal (Invite only)	Miss Shrimpton
Tuesday	3.00 - 3.30 pm	M003	Junior Concert Band (Suitable for grade 1-3 musicians)	Ms Cunningham/ Ms Robinson
Tuesday	3.00 - 4.00 pm	M001	Senior Concert Band (Suitable for grade 3-8 musicians)	Mrs Casey
Tuesday	3.00 - 4.00 pm	M002	Grade 5 Theory Club (All GCSE & BTEC students)	Miss Shrimpton
Wednesday	3.00 - 4.00 pm	M003	Jazz Band (Suitable for grade 2 and above musicians and singers)	Ms Cunningham/ Miss Pillow-Charlesworth
Wednesday	3.00 - 4.00 pm	M001	Year 7 School of Rock! (Suitable for students who can play a rock based instrument/sing)	Mr Dutton-Taylor/ Al Matthews
Thursday	3.00 - 4.00 pm	M002	Choir (Chamber choir)	Miss Shrimpton
Thursday	3.00 - 4.00 pm	M001	Year 8 - 13 Advanced Rockers! (Suitable for students who have attended School of Rock before/ can play a rock based instrument/ sing)	Mr Sumroy, Al Matthews, Mr Onyechi

Extra Curricular Drama & Dance



We must all do theatre to find out who we are and to discover who we could become
 (Augusto Boal)

MONDAY

We Will Rock You.
 Leads and vocals
 Invite only

3-4
D001



TUESDAY

We Will Rock You
 Y7 Drama Club
 Full Company
 All Welcome
 Hall
3-4
Drama 1



WEDNESDAY

Y8 and 9 Drama Club
 All Welcome

3-4
HALL



WEDNESDAY

We Will Rock You
 Core Dancers
 Invite Only

3-4
D001



THURSDAY

NEW FOR 2026!
 AGS Dance
 All Welcome

3-4
HALL



FOR MORE INFORMATION, PLEASE SEE MRS SPENCER-MATTHEWS OR MISS HULLOCK

Social communication and interaction (including autism) team parent / professionals training

This session is free to both parent and professionals.

Parents can book their places by emailing leedsforlearning@leeds.gov.uk.

Emotional Wellbeing

- 11 November 2026, 10am to 11.30am
- 11 November 2026, 5pm till 6.30pm

This session will explore why autistic children and young people are at greater risk of poor mental health. We will discuss how we can work with children and young people to explore the causes of poor mental health, overcome barriers to wellbeing, and support the development of coping mechanisms. The session is best suited to parents and professionals supporting children of school age. The content may be less useful for those supporting children in the early years or who are developmentally equivalent to a child in the early years.

Sensory Support in the Home

- 14 January 2027, 10am to 11.30am
- 14 January 2027, 5pm till 6.30pm

This session will give a brief introduction to sensory processing and regulation, exploring its importance in supporting the wellbeing of autistic children and young people. The session will also offer advice around sensory support strategies that can be implemented in the home. This session is for parents and professionals supporting children of any age.

Autism and identity

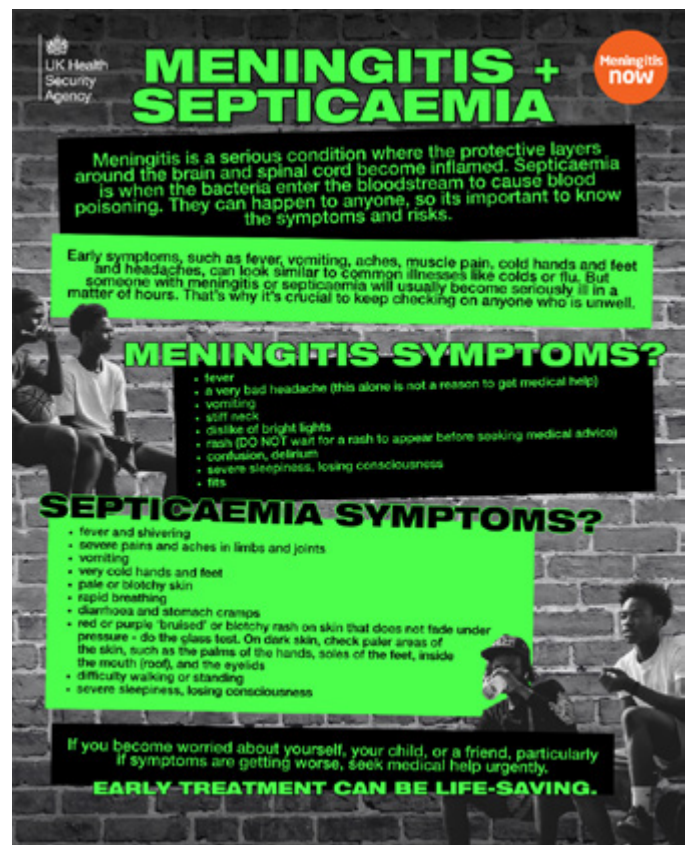
- 29 April 2027, 10am till 11.30am
- 29 April 2027, 5pm till 6.30pm

This session will explore the value of supporting your child or young person to understand what autism is and what autism means to them. The session will provide a range of resources and strategies that you can adapt to meet the needs of your child or young person when exploring autism?; thinking about their own unique strengths, abilities, motivators, differences and challenges.

Keeping autistic children and young people safe online

- 5 May 2027, 10am to 11.30am
- 5 May 2027, 5pm till 6.30pm

This session is suitable for parents and professionals who are currently supporting children and young people to navigate the online world safely. During this workshop we will explore the importance of online media to autistic identity and wellbeing- to build positive connections and communities. We will also discuss how to monitor the safe use of online platforms and understand vulnerabilities when young people access these.



0 to 19 Public Health Integrated Nursing Service (0 to 19 PHINS)

The [0 to 19 PHINS](#) is a team that supports children and families to stay healthy. They offer a wide range of support and services for children, young people and families in Leeds. They provide routine health contacts through the Healthy Child Programme and can also offer additional support for children and families who need it.

Contact 0 to 19 PHINS:

Phone the Single Point of Access (SPA) from Monday to Friday, 8:30am to 5pm.
Phone: 0113 843 5683

If you 11 to 19, you can contact them via [ChatHealth](#).

Text a 0 to 19 specialist public health nurse on 07520 619 750

Leeds Local Offer Annual Report

Each year, Leeds City Council responds to all feedback and comments about the Leeds Local Offer. The report explains what actions have been taken based on what families said.

The annual report shares:

- Information about the Leeds Local Offer website and how families can access it
- How the voices of children, young people and families have been heard
- Next steps and plans for improvement

The 2026/27 annual report can be found [here](#).

SEND parent carer monthly information drop-ins

A monthly drop in for parents and carers to speak to services to receive information and advice about what is available in Leeds to support their family.

- Leeds Local Offer
- SENDIASS
- Leeds Parent Carer Forum
- Carers Leeds
- Little Hiccups
- Leeds Speech and Language Service
- Child Health and Disability Team (CHAD)
- SEND Coordinators, Family Hubs
- Time for young people

Dates and times of drop ins:

Wednesday 11 November 2026, 10.30 till 12.30 at Horsforth Library Building, LS18 5BL

Wednesday 13 January 2027, 10.30am till 12.30pm at Kentmere Children's Centre, LS14 1BN

Book your place at the drop in here.

If you require further information about the drop in sessions email LLO@leeds.gov.uk, follow the Leeds Local Offer facebook page or WhatsApp channel.

My Leeds, My Way

A community activities programme for young people aged 14–17 with SEND, across Leeds. Giving young people the opportunity to participate in enjoyable, age respectful outings across Leeds, shaped around what each young person likes, wants to try and hopes to become more confident doing.

Every young person is different. The programme deliberately blends active, social and creative outings so that there is something each young person can look forward to, and so that families can see how one balanced programme meets a wide range of needs and personalities.

Who can join?

Disability: SEND

Age: Young people aged 14–17

What young people can look forward to:

- Real teenage experiences: bowling, cinema, eating out, accessible sport, theatre, pool, city exploration and seasonal events.
- Choice and control: young people influence the venue, pace, food, seating, communication method and future calendar.
- Belonging: small compatible groups create space for friendships to develop naturally without forced interaction.
- Confidence for adulthood: ordering, budgeting, travelling, navigating public places, making decisions and asking for help are practised naturally.
- A predictable experience: clear information, visual itineraries or social stories are available in advance for anyone who benefits from them.
- Support that respects dignity: personal, communication, mobility, sensory and health needs are planned around the individual.

Contact details:

Phone: 07862028017 or 0113 834 6703

Email: admin@mkcareservices.co.uk

SEND Parent Carer Monthly Drop Ins

Are you a parent or carer of a child with special educational needs and/or disabilities or waiting for your child's needs to be assessed? Are you struggling to navigate SEND systems or understand your child's needs and behaviours at home? Do you have questions about your options or where to turn next?

Meet Leeds City Council's Family Hub SEND Coordinator Amanda to access information and advice about the services, support and resources that are available to Families with children with SEND in Leeds.

Moor Allerton Community Hub, King Lane, Leeds LS7 5NY, 9.30 am to 12.00 pm

Monday 16 November

Monday 14 December

The Reginald Centre Community Hub, 263 Chapeltown Road, Leeds LS7 3EX, 9.30 am to 12.00 pm

Monday 2 November

Monday 7 December

What's in Your Vape?

Following incidents with students using vapes, to help keep all members of our community safe, please read the information below, provided by Leeds City Council, about vapes and the dangerous substances they may contain.

WHAT'S IN YOUR VAPE?



An increasing number of vapes contain illicit substances - and it's impossible to know **which** ones they are without having them tested.

Most vapes that are sold as **'THC'** or **'cannabis'** actually contain **'spice'** - a synthetic drug that is much more dangerous and addictive.



Cannabis is a plant-based drug that can affect **mood, memory, and coordination**.



While it can still lead to dependence and mental health harms, there is no risk of fatal overdose.

"Spice" is the name given to a range of synthetic (man-made) drugs.

200+ types of spice have been identified so far.

They are all more dangerous and more unpredictable than cannabis. They carry a far higher risk of addiction, overdose, psychosis, seizures, and death.

"Spice" is incredibly cheap to produce. Criminals can make bigger profits by selling it as cannabis or THC. Recently over 95% of 'drug vapes' tested were found to contain 'spice'.



"Spice" has also been found in sweets and other foods sold as 'cannabis edibles' and in herbs sold as cannabis.



The only way to know what your drugs contain is to have them tested!

Free drug testing is available through Wedinos.



Scan for more info.



MYTHS & FACTS

Because **'spice'** & **'drug vapes'** are relatively new there is a lot of misinformation about them.

The number one rule of harm reduction is **know what you are taking**.

With vapes the only way to know is to **test!**

MYTH: You can tell if it's THC by the colour - it will be a greeny-oily colour.

FACT: 'Spice' can be made in any colour, including those matching THC. Any colourful liquids are likely to be dangerous, fake nicotine liquids or 'spice'.

MYTH: You can tell if it's real by the price - THC and cannabis vapes/liquid will cost more.

FACT: While it's true that 'spice' is much cheaper to produce, dealers just have to raise the price to convince you it's THC! Then they make more profit!

MYTH: You can tell if it's THC by the type of coil in the vape.

FACT: THC can only be vaped via a ceramic coil, 'spice' can be vaped via **any** coil. If it's not ceramic it's not THC. Just because it's ceramic, doesn't mean it's THC.

MYTH: Thick vape liquid, or liquid that traps bubbles is real THC or cannabis.

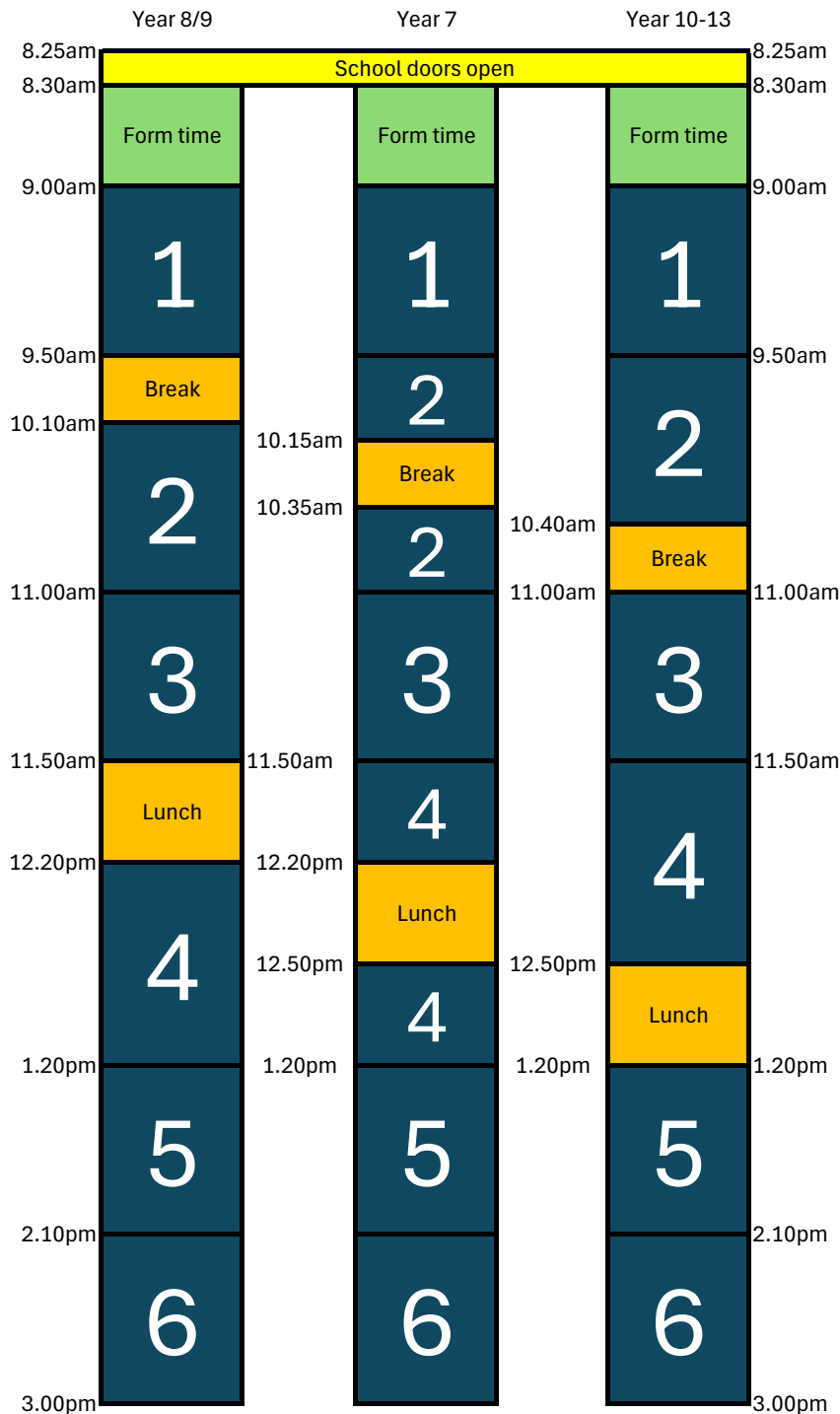
FACT: Vape liquids can be made thicker or thinner, whatever the dealer wants. There is no way to be sure without testing!

HAVE QUESTIONS OR WANT MORE INFO?

ForwardLeeds.co.uk/yp
0113 887 2757
admin.yp@forwardleeds.co.uk



SCHOOL DAY



After School Arrangements

This is a reminder that all students should leave the school site by 3.10 pm. There isn't anywhere inside school where students can wait. The only students in the building must be involved in Enrichment sessions, Session 7, Isolation/Reflection or detention.

Detention times:

Stage 1 Detention - Mondays 3.00 - 3.30 pm
(30 minutes)

Stage 2 Detention - Mondays 3.00 - 4.00 pm
(60 minutes)

SLT Detention - Wednesdays 3.00 - 4.30 pm
(90 minutes)

Isolation/Reflection takes place between 9.00 am - 3.00 pm/3.30 pm/4.00 pm depending on behaviour.