Year 7 Curriculum	Year 8 Curriculum	Year 9 Curriculum	Year 10 Curriculum	Year 11 Curriculum	Year 12 Curriculum	Year 13 Curriculum
1 No PSHE	1 No PSHE	1 No PSHE	1 No PSHE	1 No PSHE	1 No PSHE	1 No PSHE
2 Identity and factors that affect my identity	2 Online privacy and social media	Becoming an adult and being responsible	Facing new challenges - building confidence and self esteem	2 Lifestyles and wellbeing	Groundrules and introduction	2 Student finance
3 Tolerance and Respect at AGS	How to safely manage personal information.	Resolving problems with parents	Reframing negative thoughts	3 Diet and exercising	Personal brand	Saving money
4 Gender identity	4 Maintaining a positive online presence	4 Understanding mental wellbeing and anxiety	4 Recognising poor mental health	The importance of sleep	Aspirations and goals	The value of money
5 Expressing your opinion and giving feedback.	How to avoid online scams	5 You and the bank	5 Change, loss, and grief	5 Looking after your body	5 Problem solving and developing resilience	5 Borrowing money
6 The importance of routine	6 Identifying fake news 7 Laws and rights of children	Financial choices - saving and borrowing money	6 Promoting wellbeing	6 Caffeine and Nicotine 7 Catch-up and consolidation	Opportunity cost, time management and discipline	Finances and planning
7 Budgeting and pocket money 8 Who do you admire?	7 Laws and rights of children 8 You, the police, and joint enterprise	7 Gambling 8 Problem gambling and support	7 Self-harm and suicide 8 Mental illness - getting and giving hep	8 Metacognition	7 Being assertive 8 Personal brand presentations	7 Finances and risk 8 Security with finances
Half-term	Half-term	Half-term	Half-term	Half-term	Half-term	Half-term
Hail-term	Han-term	Hall-term	Hall-term	Hall-term	Hall-term	Living independently: budgeting, chores and
1 Making new friendships	Managing emotions and your mental health	1 Assessment week	1 Influences on health	Saving money and budgeting	How to build a loving relationship	eating healthily
2 How to show empathy	2 Knowing right and wrong	2 Managing difficulties in friendships	2 Planning for health	2 Borrowing money	2 Family abuse	2 You at 18
Conflict resolution skills and saying sorry	Regrets	N 3 Feedback	3 Being health aware	3 Assessment week	Menstrual health	3 Housing options at university
E .	ur ,	g ,	4	ut ,	E ,	Making informed and independent health
Bullying	4 Stress	Peer pressure and youth crime	Immunisations and allergies	Feedback	Genital health and hygiene	choices
5 Cyberbullying	5 Fear and anxiety	5 Knife crime & Joint enterprise	5 Health checks	5 PPE	5 Sexual pleasure	5 Appropriate contraception
	6	6	6	6	6	Appropriate contraception and maintaining
6 Personal safety online	Jealousy	Gang pressure	Your skin, piercings and tattoos	PPE	Sexual harm and sexual offences	sexual health
7 Assessment week	7 Assessment week	7 Metacognition week - reports	7 Assessment week	7 PPE	7 Sexual health focus - HIV	7 Catch-up / cushion time
Christmas	Christmas	Christmas	Christmas	Christmas	Christmas	Christmas
1 Feedback	1 Feedback	1 Risks and consequences of gangs	1 Feedback	1 Youth crime, you and the police	Harmful sexual behvaiours and addressing them	1 PPE
How to recognise, express and manage emotions for daily well-being.	The importance of sleep and exercise	2 Exit strategies for gangs	2 Your digital footprint	Gangs part 1	Going out and staying safe	PPE PPE
Recognising poor mental wellbeing.	Gaming and mobile phone addiction	3 Sexuality and gender	3 The dangers of livestreaming	Gangs part 2	Going out and staying healthy	Catch-up and consolidation
4 Coping with worries and anxiety.	Healthy diets and eating disorders	Assessing readiness for sex- consent and the law	Laws and dangers of explicit content online	Choices and consequences of knife crime	De-escalating aggression and knife crime	Discrimination and being deaf
5 Metacognition week - reports	5 Metacognition week - reports	5 Attitudes towards sex	5 Metacognition week - reports	5 Victims of knife crime	5 Metacognition week - reports	5 Discrimination and gender identitiy
6 Coping with grief.	6 Maintaining a positive body image	6 The dangers of pornography	6 Online blackmail and criminal activity online	6 Offenders and keeping safe	6 Catch-up and consolidation	6 Discrimination, stereotyping and ethnicity
6 Coping with grief. Half-term	Maintaining a positive body image Half-term	The dangers of pornography Half-term	6 Online blackmail and criminal activity online Half-term	6 Offenders and keeping safe Half-term	6	6 Discrimination, stereotyping and ethnicity Half-term
					6 Catch-up and consolidation	
Half-term	Half-term What are stereotypes and how to we	Half-term	Half-term 1	Half-term	6 Catch-up and consolidation Half-term	Half-term
Half-term 1 Developing self-confidence. Physical and emotional changes during puberty 2 puberty 3 Periods	Half-term What are stereotypes and how to we challenge them? Prejudice, discrimination and the equality	Half-term 1 What is opression?	Half-term Healthy and intimate relationships	Half-term Different types of families and partnership	Catch-up and consolidation Half-term Healthy lifestyles	Half-term 1 Catch-up / cushion time
Half-term Developing self-confidence. Physical and emotional changes during puberty	Half-term What are stereotypes and how to we challenge them? Prejudice, discrimination and the equality act.	Half-term 1 What is opression? 2 Racism at work and education 3 Racism in society 4 Classism	Half-term Healthy and intimate relationships Abuse in relationships	Half-term 1 Different types of families and partnership 2 Pregnancy	6 Catch-up and consolidation Half-term 1 Healthy lifestyles 2 Young adult health issues	Half-term 1 Catch-up / cushion time 2 Metacognition week - reports
Half-term 1 Developing self-confidence. Physical and emotional changes during puberty 2 Periods How to manage influences on body satisfaction 5 Healthy relationships	Half-term What are stereotypes and how to we challenge them? Prejudice, discrimination and the equality act. Disabilities + deaf awareness	Half-term 1 What is opression? 2 Racism at work and education 3 Racism in society 4 Classism Homophobia, transphobia and LGBTQ+ rights	Half-term 1 Healthy and intimate relationships 2 Abuse in relationships 3 Forced marriage and honour based violence 4 Contraception and how to use it 5 Sexual health clinics	Half-term 1 Different types of families and partnership 2 Pregnancy 3 Miscarriages 4 Fertility support 5 Options for pregnancy	6 Catch-up and consolidation Half-term 1 Healthy lifestyles 2 Young adult health issues 3 Body image 4 Perfectionism 5 Mental health	Half-term 1 Catch-up / cushion time 2 Metacognition week - reports 3 Reflective journals 4 Reflective journals 5 Reflective journals
Half-term 1 Developing self-confidence. Physical and emotional changes during puberty 3 Periods How to manage influences on body satisfaction 5 Healthy relationships 6 Assessment week	Half-term 1 What are stereotypes and how to we challenge them? 2 Prejudice, discrimination and the equality act. 3 Disabilities + deaf awareness 4 Learning differences and neurodivergency 5 Dealing with ageism 6 Assessment week	Half-term 1 What is opression? 2 Racism at work and education 3 Racism in society 4 Classism 5 Homophobia, transphobia and LGBTQ+ rights 6 Assessment week	Half-term 1 Healthy and intimate relationships 2 Abuse in relationships 3 Forced marriage and honour based violence 4 Contraception and how to use it 5 Sexual health clinics 6 Assessment week	Half-term 1 Different types of families and partnership 2 Pregnancy 3 Miscarriages 4 Fertility support 5 Options for pregnancy 6 Catch-up and consolidation	6 Catch-up and consolidation Half-term 1 Healthy lifestyles 2 Young adult health issues 3 Body image 4 Perfectionism 5 Mental health 6 Stress	Half-term 1 Catch-up / cushion time 2 Metacognition week - reports 3 Reflective journals 4 Reflective journals 5 Reflective journals 6 Reflective journals
Half-term 1 Developing self-confidence. Physical and emotional changes during puberty 3 Periods How to manage influences on body satisfaction 5 Healthy relationships	Half-term 1 What are stereotypes and how to we challenge them? 2 Prejudice, discrimination and the equality act. 3 Disabilities + deaf awareness 4 Learning differences and neurodivergency 5 Dealing with ageism	Half-term 1 What is opression? 2 Racism at work and education 3 Racism in society 4 Classism Homophobia, transphobia and LGBTQ+ rights	Half-term 1 Healthy and intimate relationships 2 Abuse in relationships 3 Forced marriage and honour based violence 4 Contraception and how to use it 5 Sexual health clinics 6 Assessment week Easter Break	Half-term 1 Different types of families and partnership 2 Pregnancy 3 Miscarriages 4 Fertility support 5 Options for pregnancy 6 Catch-up and consolidation Easter Break	6 Catch-up and consolidation Half-term 1 Healthy lifestyles 2 Young adult health issues 3 Body image 4 Perfectionism 5 Mental health 6 Stress Easter Break	Half-term 1 Catch-up / cushion time 2 Metacognition week - reports 3 Reflective journals 4 Reflective journals 5 Reflective journals 6 Reflective journals Easter Break
Half-term 1 Developing self-confidence. Physical and emotional changes during puberty 3 Periods How to manage influences on body satisfaction 5 Healthy relationships 6 Assessment week Easter Break	Half-term 1	Half-term 1 What is opression? 2 Racism at work and education 3 Racism in society 4 Classism 4 Homophobia, transphobia and LGBTQ+ rights 6 Assessment week Easter Break	Half-term 1 Healthy and intimate relationships 2 Abuse in relationships 3 Forced marriage and honour based violence 4 Contraception and how to use it 5 Sexual health clinics 6 Assessment week	Half-term 1 Different types of families and partnership 2 Pregnancy 3 Miscarriages 4 Fertility support 5 Options for pregnancy 6 Catch-up and consolidation	6 Catch-up and consolidation Half-term 1 Healthy lifestyles 2 Young adult health issues 3 Body image 4 Perfectionism 5 Mental health 6 Stress	Half-term 1 Catch-up / cushion time 2 Metacognition week - reports 3 Reflective journals 4 Reflective journals 5 Reflective journals 6 Reflective journals
Half-term 1 Developing self-confidence. Physical and emotional changes during puberty 3 Periods How to manage influences on body satisfaction 5 Healthy relationships 6 Assessment week Easter Break	Half-term What are stereotypes and how to we challenge them? Prejudice, discrimination and the equality act. Disabilities + deaf awareness Learning differences and neurodivergency Dealing with ageism Assessment week Easter Break Feedback	Half-term 1 What is opression? 2 Racism at work and education 3 Racism in society 4 Classism 4 Homophobia, transphobia and LGBTQ+ rights 6 Assessment week Easter Break	Half-term 1 Healthy and intimate relationships 2 Abuse in relationships 3 Forced marriage and honour based violence 4 Contraception and how to use it 5 Sexual health clinics 6 Assessment week Easter Break	Half-term 1 Different types of families and partnership 2 Pregnancy 3 Miscarriages 4 Fertility support 5 Options for pregnancy 6 Catch-up and consolidation Easter Break	6 Catch-up and consolidation Half-term 1 Healthy lifestyles 2 Young adult health issues 3 Body image 4 Perfectionism 5 Mental health 6 Stress Easter Break	Half-term 1 Catch-up / cushion time 2 Metacognition week - reports 3 Reflective journals 4 Reflective journals 5 Reflective journals 6 Reflective journals Easter Break
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Half-term 1 Developing self-confidence. Physical and emotional changes during puberty 3 Periods How to manage influences on body satisfaction 5 Healthy relationships 6 Assessment week Easter Break 1 Feedback 2 You and your family 3 Gender and sexuality	Half-term 1 What are stereotypes and how to we challenge them? 2 Prejudice, discrimination and the equality act. 3 Disabilities + deaf awareness 4 Learning differences and neurodivergency 5 Dealing with ageism 6 Assessment week Easter Break 1 Feedback 2 Understanding romantic relationships 3 Healthy and unhealthy relationships 4 The law and consent	Half-term 1 What is opression? 2 Racism at work and education 3 Racism in society 4 Classism 5 Homophobia, transphobia and LGBTQ+ rights 6 Assessment week Easter Break 1 Feedback 2 Violence against women	Half-term 1 Healthy and intimate relationships 2 Abuse in relationships 3 Forced marriage and honour based violence 4 Contraception and how to use it 5 Sexual health clinics 6 Assessment week Easter Break 1 PPE 2 PPE	Half-term 1 Different types of families and partnership 2 Pregnancy 3 Miscarriages 4 Fertility support 5 Options for pregnancy 6 Catch-up and consolidation Easter Break 1 Reflective journals 2 Reflective journals 3 Exams 4 Exams	6 Catch-up and consolidation Half-term 1 Healthy lifestyles 2 Young adult health issues 3 Body image 4 Perfectionism 5 Mental health 6 Stress Easter Break 1 Abuse and consent 2 Forces marriage and honour based violence	Half-term 1 Catch-up / cushion time 2 Metacognition week - reports 3 Reflective journals 4 Reflective journals 5 Reflective journals 6 Reflective journals Easter Break 1 Reflective journals 2 Reflective journals 3 Reflective journals 4 Exams
Half-term 1 Developing self-confidence. Physical and emotional changes during puberty 3 Periods How to manage influences on body satisfaction 5 Healthy relationships 6 Assessment week Easter Break 1 Feedback 2 You and your family 3 Gender and sexuality Different types of family and long term	Half-term 1	Half-term 1 What is opression? 2 Racism at work and education 3 Racism in society 4 Classism 5 Homophobia, transphobia and LGBTQ+ rights 6 Assessment week Easter Break 1 Feedback 2 Violence against women 3 Misandry 4 Toxic masculinity	Half-term 1 Healthy and intimate relationships 2 Abuse in relationships 3 Forced marriage and honour based violence 4 Contraception and how to use it 5 Sexual health clinics 6 Assessment week Easter Break 1 PPE 2 PPE 3 Feedback	Half-term 1 Different types of families and partnership 2 Pregnancy 3 Miscarriages 4 Fertility support 5 Options for pregnancy 6 Catch-up and consolidation Easter Break 1 Reflective journals 2 Reflective journals 3 Exams	6 Catch-up and consolidation Half-term 1 Healthy lifestyles 2 Young adult health issues 3 Body image 4 Perfectionism 5 Mental health 6 Stress Easter Break 1 Abuse and consent 2 Forces marriage and honour based violence 3 Violense against women and misogyny	Half-term 1 Catch-up / cushion time 2 Metacognition week - reports 3 Reflective journals 4 Reflective journals 5 Reflective journals 6 Reflective journals Easter Break 1 Reflective journals 2 Reflective journals 3 Reflective journals
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Half-term 1 Developing self-confidence. Physical and emotional changes during puberty 3 Periods How to manage influences on body satisfaction 5 Healthy relationships 6 Assessment week Easter Break 1 Feedback 2 You and your family 3 Gender and sexuality Different types of family and long term relationhips 5 Sex and the law Half-term 1 FGM 2 FGM	Half-term 1	Half-term 1 What is opression? 2 Racism at work and education 3 Racism in society 4 Classism 4 Homophobia, transphobia and LGBTQ+ rights 6 Assessment week Easter Break 1 Feedback 2 Violence against women 3 Misandry 4 Toxic masculinity 5 Sexism in online spaces & online responsibilities Half-term 1 Safety at parties 2 Alcohol	Half-term 1 Healthy and intimate relationships 2 Abuse in relationships 3 Forced marriage and honour based violence 4 Contraception and how to use it 5 Sexual health clinics 6 Assessment week Easter Break 1 PPE 2 PPE 3 Feedback 4 Climate change 5 Dealing with climate change Half-term 1 Geneitc engineering 2 Blood, organ, and stem cell donation	Half-term 1 Different types of families and partnership 2 Pregnancy 3 Miscarriages 4 Fertility support 5 Options for pregnancy 6 Catch-up and consolidation Easter Break 1 Reflective journals 2 Reflective journals 3 Exams 4 Exams 5 Exams	6 Catch-up and consolidation Half-term 1 Healthy lifestyles 2 Young adult health issues 3 Body image 4 Perfectionism 5 Mental health 6 Stress Easter Break 1 Abuse and consent 2 Forces marriage and honour based violence 3 Violense against women and misogyny 4 Misandry and sexism 5 Toxic masculinity Half-term 1 Reflective journals 2 Reflective journals	Half-term 1 Catch-up / cushion time 2 Metacognition week - reports 3 Reflective journals 4 Reflective journals 5 Reflective journals 6 Reflective journals 1 Reflective journals 2 Reflective journals 3 Reflective journals 4 Exams 5 Exams
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Half-term 1 Developing self-confidence. Physical and emotional changes during puberty 3 Periods How to manage influences on body satisfaction 5 Healthy relationships 6 Assessment week Easter Break 1 Feedback 2 You and your family 3 Gender and sexuality Different types of family and long term relationhips 5 Sex and the law Half-term 1 FGM 2 FGM 3 The dangers of cigarettes 4 The dangers of e-cigs What are drugs?	Half-term 1 What are stereotypes and how to we challenge them? 2 Prejudice, discrimination and the equality act. 3 Disabilities + deaf awareness 4 Learning differences and neurodivergency 5 Dealing with ageism 6 Assessment week Easter Break 1 Feedback 2 Understanding romantic relationships 3 Healthy and unhealthy relationships 4 The law and consent 5 Sexting Half-term 1 Grooming and Child Abuse 2 Democracy and voting 3 Pressure groups 4 Communities 5 Contributing to your community	Half-term 1 What is opression? 2 Racism at work and education 3 Racism in society 4 Classism 5 Homophobia, transphobia and LGBTQ+ rights 6 Assessment week Easter Break 1 Feedback 2 Violence against women 3 Misandry 4 Toxic masculinity 5 Sexism in online spaces & online responsibilities Half-term 1 Safety at parties 2 Alcohol 3 The risks of alcohol 4 Attitudes towards drugs 5 Drugs, the law, and managing risk	Half-term 1 Healthy and intimate relationships 2 Abuse in relationships 3 Forced marriage and honour based violence 4 Contraception and how to use it 5 Sexual health clinics 6 Assessment week Easter Break 1 PPE 2 PPE 3 Feedback 4 Climate change 5 Dealing with climate change Half-term 1 Geneitc engineering 2 Blood, organ, and stem cell donation 3 Fake news 4 Censorship and free speech 5 Consumer rights and awareness	Half-term 1 Different types of families and partnership 2 Pregnancy 3 Miscarriages 4 Fertility support 5 Options for pregnancy 6 Catch-up and consolidation Easter Break 1 Reflective journals 2 Reflective journals 3 Exams 4 Exams 5 Exams	6 Catch-up and consolidation Half-term 1 Healthy lifestyles 2 Young adult health issues 3 Body image 4 Perfectionism 5 Mental health 6 Stress Easter Break 1 Abuse and consent 2 Forces marriage and honour based violence 3 Violense against women and misogyny 4 Misandry and sexism 5 Toxic masculinity Half-term 1 Reflective journals 2 Reflective journals 3 Reflective journals 4 Reflective journals 5 Reflective journals 5 Reflective journals 5 Reflective journals	Half-term 1 Catch-up / cushion time 2 Metacognition week - reports 3 Reflective journals 4 Reflective journals 5 Reflective journals 6 Reflective journals 1 Reflective journals 2 Reflective journals 3 Reflective journals 4 Exams 5 Exams