

## PSHE Overview for 2022-2023

Lessons may change to meet the needs of our students and school

	W/C	Y7	Y8	Y9	Y10	Y11	Y12	Y13
<b>Autumn Term 1</b>	05/09	Aspiration and motivation	What does privacy mean?	What is oppression	Facing new challenges	Reflecting on your choices	YEAR 12 ENROLMENT	Adaptability and resilience
	12/09	Identity and factors that affect my identity	Online privacy and social media	What is racism	Reframing negative thinking	Feedback and reflection	Adjusting to changes and new expectations	Informed and independent health choices.
	19/09	Gender identity	How to safely manage personal information.	Racism in education and work.	Revisiting emotional wellbeing	Exam Stress	Personal brand	Health Services registration
	26/09	Tolerance and Respect at AGS	Maintaining a positive online presence	What is classism?	Recognising and coping with depression	The future of education	Aspirations and Goals	Illnesses and young adults
	03/10	Expressing your opinion and giving feedback.	How to avoid online scams	What is sexism?	Seeking support for self-harm	The future of education	Assertiveness	Appropriate contraception
	10/10	The importance of routine	How to critique reliability	What is homophobia?	Common mental health concerns: stress	UCAS	Reflection	Maintaining sexual health
	17/10			What is social justice?	Suicide and suicide ideation	UCAS	CASE STUDY COMPLETION	
<b>HALF TERM</b>								
<b>Autumn Term 2</b>	31/10	Being responsible	Understanding romantic relationships	Difficulties in friendships	Feeling safe	Different long term relationships	Relationships and enduring love	Assertively communicating expectations in relationships
	07/11	Making new friendships	Unhealthy relationships	Peer pressure and youth crime	Healthy Relationships	Different types of families	The importance of pleasure	Coercive control
	14/11	How to show empathy	Grooming	Strategies to manage gang pressure	Unhealthy Relationships	Attitudes towards pregnancy	The impact of language in relationships	Gaslighting

	21/11	Conflict resolution skills and saying sorry	Sexting	Risks and consequences of gang violence	Understanding consent	Consequences of teenage pregnancy	Consent—having tough conversations	Peer on peer sexual abuse
	28/11	Bullying	Child Abuse	Exit strategies	Keeping sexually healthy	Abortion and the right to choose	Harmful sexual behaviours	Exploitation
	5/12	Cyberbullying	The Law and Consent	Free lesson	Pornography and sex	Miscarriages and fertility support	Seeking support	LGBTQI relationships and stigma
	12/12	<b>Assessment Week</b>	Assessing readiness for sex	Assessment week (future)	Support Groups		Case study completion	

**END OF TERM**

<b>Spring Term 1</b>	02/01	How to recognise, express and manage emotions for daily well-being.	Contraception and how to use it	Digital Resilience	Digital Footprint	Economic Issues	How to perform first aid	How to manage financial contracts
	09/01	Maintaining good mental wellbeing.	STIS	Emotional Wellbeing and mental health	Online Bullying	The World Trade Centre	Identify and manage the impact of substance abuse on health etc.	How to protect yourself against scams.
	16/01	Coping with worries and anxiety.	Sexual health clinics	Anxiety problems	Viewing offensive/explicit content	Finances: Payslips	Substance abuse and alcohol while driving	Community services that you can use.
	23/01	Coping with grief.	Recreational drugs	Eating disorders	Laws and dangers of pornography	Finances: Pensions and Student loans	How to safely get home alone: using taxis or busses when you're alone.	Missing home and being overwhelmed
	30/01	Recognising poor mental wellbeing.	NPS and drug safety	Mindfulness	Online Blackmail	Finances: Insurance	Where to seek support when travelling abroad	The importance of routine and organisation
	06/02				Online Blackmail			

**HALF TERM**

<b>Spring</b>	20/02	Developing self-confidence.	Challenge stereotypes	Different types of relationships	Livestreaming Dangers	Gambling	Challenging prejudice	The benefits of delaying conception.
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	27/02	Physical and emotional changes during puberty	Prejudice	What makes a healthy relationship	Your values	Gambling	What are your rights, roles and responsibilities in a diverse society?	Unintended pregnancy and parenthood.
	06/03	Periods	Discrimination	Developing sexuality	Conflicting Values	Consumer rights	How can we celebrate cultural diversity and promote inclusion?	Pathways available in unintended conception
	13/03	Vaginal and vulva health	The Equality Act	Gender identity	The Equality Act KS4	Advertising and data ethics	How faith and cultural views can affect relationships and how to challenge these if appropriate.	Support for miscarriages
	20/03	How to manage influences on body satisfaction	Human Rights and the law	Attitudes towards sexuality	Hate Crimes	Fake news	How to safely challenge prejudice and discrimination, including online: Incel focus	Having difficult conversations regarding pregnancy
	27/03	<b>Assessment Week</b>	Laws and rights of children	Assessment week (future)	Discrimination through invisibility	The news agenda and free speech	Extremism and radicalisation: Incel focus	

**END OF TERM**

<b>Summer Term 1</b>	17/04	Attitudes towards sex	Democracy and voting	Violence against women	Challenging prejudice	Preparing for exams	Stress management strategies	Preparing for exams
	24/04	Exploring sexuality.	Pressure Groups	Domestic Abuse	Radicalisation	Reframing negative thinking	Getting yourself organised.	
	01/05	How to communicate boundaries.	Immunisations and health checks	HBV and Forced Marriage	Age of Criminal responsibility	Exam Season	About the signs of emotional or mental ill-health	Exam Season

	08/05	Sex facts and myths	Allergies	Consent and the law	The laws and your life		How, when and why to access appropriate support and treatment	
	15/05	Sex and the Law	Looking after your skin	Staying safe at parties	Illicit substances		Reflective journals	
	22/05	FGM			Addiction			
<b>HALF TERM</b>								
<b>Summer Term 2</b>	05/06	The dangers of cigarettes	Mental Health and stigma	Alcohol	Voting systems and elections		PPES	
	12/06	The dangers of e-cigs	Physical and mental wellbeing	Alcohol the risks	Local, regional, national government		PPES	
	19/06	What effects do drugs have?	Stress	Heroin and cocaine	International organisations		PPES	
	26/06	Healthy Eating	Fear and Anger	Impact of drugs	You and the environment		PPES	
	03/07	Exercise and sleep	Assessment week		Pollution and power		PPES	
	10/07	Assessment Week			PPES		PPES	
	17/07				PPES		PPES	

Teaching Focus for 2022-2023: Modelling and Scaffolding